Year 7 Camp 2017 to Milson Island 20-22 February

Make sure you have filled out the Medical consent form online directly with Milson Island recreation centre.

*We will be leaving from the Church Street Entrance of the School at 7.30am to ensure we arrive in time for the Ferry crossing to the island, so make sure you are on time. We can’t wait!*

Medication at camp

Your child should bring enough medication for the duration of their stay. All medication should be in its original packaging and clearly labelled with your child’s name, the dosage and frequency.

You should discuss this with one of the Year Advisors prior to camp departure as the supervising teachers will be managing the supply of your child’s medication.

Meals

The Milson Island qualified catering team prepare nutritious and delicious meals so your child will never go hungry at camp. If your child has any special dietary requirements or food allergies, it’s crucial that these are listed on the Medical and Consent form. It’s also a good idea to mention it to your child’s teacher before camp. Special diets are provided for medical conditions, religious beliefs and lifestyle choices such as vegetarians or vegans.

Luggage

One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child’s name, address and phone number.

Remember, your child will have to carry their luggage so it’s good to make sure it’s not too big or too heavy. Items needed on the trip should be packed in the backpack.
Checklist—this is listed online but here is a hard copy.

Please label all clothing, towels and sleeping bag with your child's name.

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Pyjamas
- Swimming costume and rashie shirt
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear in the water)
- Toiletries, soap, lip balm and insect repellent (no aerosols)
- Two towels
- Pillow, sleeping bag or doona and two single flat sheets
- Day backpack
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Medication (if required)
- Handkerchief or tissues
- Water bottle

Optional

- Camera
- Up to $20 for souvenirs

What not to bring

- Aerosol cans (i.e. spray-on deodorant or insect repellent)
- Mobile phones and other electronic devices
- Lollies or chewing gum
- Jewellery
- Anything valuable (Sport and Recreation and Teachers takes no responsibility for the loss or damage to a client’s personal property, including money or other valuable items)
- A bad attitude, we are there to have fun!

Year Advisors—Ms K Reed and Ms T Jones