CANTERBURY GIRLS HIGH SCHOOL

Reminders
See full list in "dates for the fridge" on the back page

- **MADD Evening** Thursday November 10, see page 27 for more details.
- **Year 12 Sign Out Day** Wednesday November 9.
- **Years 8 & 9 Mentor Training Day** November 14.
- **Year 10 Clearance** Period 1 Wednesday November 23 / Year 10 Term 4 Program available on website.
- **School Spectacular** is coming up on Nov 26 featuring CGHS members of the NSW Public Schools Singers and CGHS dancers and choir.
- Please take note of the new procedures for late arrivals to school which began on October 24th – see notice on page 6 and an important update on uniform monitoring on page 4 & 5.

Congratulations

- **Our outgoing Year 12** as they conclude their HSC examination period. See pics of our wonderful Year 12 Graduation Week on page 4 and of the catering by Hospitality on page 11. Special thanks to Year Adviser Jana Mawassi, relieving Head Teacher Wellbeing Ms Strachan, and Hospitality staff and students.
- Cantabrian Scholarship Recipients from Year 10 for 2017-2018 Angela Wei and Coco Wang.
- Newly elected SRC office bearers: President: Ella Hosty-Snelgrove Vice-President: Stella Conlon Secretary: Coco Wang Treasurer: Naomi Agius
- **Year 12 Economics and Business Studies** students for their great results in the UNSW Competitions:
  - Economics students awarded Certificate of Credit: Kezang Dorji, Marina Cositore Hill, Tambua Kariko, Chrisanthea Chrysanthou
  - Business Studies students awarded Certificate of Credit: Caitlin Pua, Le Dang, Astrid Yuniaidi, Alesha Lafaietele, Billie Mantas
- Year 12 Hospitality student Rebecca Orsini for her award recognising commitment to work placement as part of the Hospitality VET course.
  - See pic and more on page 11.
- Ella Hosty-Snelgrove, Lyndsey Barry-Byrnes, Franki Eastment, Emma Lemonjian, Catie Broadbent, and Emily Earp for their participation in the Drama Ensemble Performances at the State Drama Festival.
- **Marie Ikonomou** of Year 9 performing in NSW State Public Schools Aboriginal Dance Company State Dance Festival – yet another

CONTENTS

- Reminders; Congratulations......1-2
- Congratulations; Thank You to......2
- CGHS News & Events:
  - 2016 Annual Deadly Kids;
  - Cans of Love; Being Human ......3
- CGHS News & Events:
  - Year 12 Graduation; Managing Allergens at School; Uniform update; Bus & Road Safety; Late Arrivals Procedure.........4-6
- Andrew Anderson, DP Report...6-7
- Tiana Tutor Rescue.....................7
- Faculty News & Events:
  - PDHEPE Excursion; Drama Excursion; Pinhole Photography; Visual Arts News; TAS News.....................8-9
- Faculty News & Events:
  - Maths Battle of the Minds; Careers News; Hospitality News + Year 12 Graduation.............10-11
- Faculty News & Events:
  - Chinese Language Spectacular; Jessie Street Luncheon; High School Experience Workshops; Year 11 Camp, CAPA Music News...........12-13
- Student Wellbeing, Leadership & Support
  - Youth Eco Summit; GoMAD youtube; NDIS News; Support in Mathematics; Volunteer News.........................14-15
- Family Wellbeing Workshop,
  - Become a Cricket Umpire.............16-17
- Relationships Focus Program;
  - PAUSE Parents Program;
  - Parenting Workshops................18-19
- Learn to Swim;
  - Bankstown Koori Youth Forum........20-21
- Breastscreen, Foster Carer Program;
  - Helen O’Grady Drama................22-23
- Bus Awareness: Thunder Girls Cricket League........................................24-25
- Concert for Congo;
  - MADD Night 2016.....................26-27
- Being Human
  - Short Film Festival....................28
- Dates for the Fridge, School Reminders, CGHS P&C 2016...........29
example of Marie’s suite of achievement.

Lily Spencer-Tighe & Caitlin Maloney Year 7, for performing at Primary Proms in NSW Public Schools Junior Singers, well done!

Ms Reed and HSC Dance for achieving call backs for Grace Rached, Matilda and Eliza Goslett - remarkable achievement!

Year 8 Mathematicians for the certificates recognising your participation in Battle of the Minds (see pic on page 10)

Our Year 10 debaters and Ms Slattery, who, after a 40 minute adjudication and a split decision were runners up in the regional debate against Sydney Girls HS, congratulations Sydney Girls! The CGHS team are winners with this remarkable performance.

Bella Bauer in Year 10 on her selection in the regional debating team after stellar performances in our school team.

Matilda Goslett of Year 11 for achieving finalist in the Canterbury Bankstown Youth Awards at CHRSL Club.

Our Year 10 debaters and Ms Flannery, who participated in the Combined Senior Choir at the Chinese Schools Spectacular at the Sydney Town Hall, see item and pics on page 12.

Ms Flannery and Ms Wilson for 3 extended days in the recording studio for the Kool Skools song writing program.

The Percussion Ensemble and the Choir for their commitment to community events in November see the ad for Concert for Congo on page 26. Additionally CGHS performers are involved in the Regional Excellence in Education Awards at CHRSL Club.

CAPA staff Ms Reed, Ms Conroy and Ms Flannery for commitment to a rigorous schedule of rehearsals for School Spectacular for Choir and Dance.

Ms Barry and staff for providing a fantastic day of high school experience workshops for the incoming 2017 Year 6 students.

P&G for funding our new and very pleasant outdoor learning space adjacent to the main quadrangle which provides shade and facilities for outdoor performances. It is enjoyed at all break times as well! This will be formally named the Rusty Cott Pavilion in honour of the father of Ellie Cott, Year 12, who recently passed away, in recognition of his service to students at CGHS.

Parents Jenny Childs, Heather Veitch, Lynne Scoulter who have given up substantial time on selection panels this term.

Ms Gibson for accompanying 10 of the top performing Year 11 students of 2016 to the Jessie Street Library Luncheon at NSW Parliament House in the last week of Term 3. See pics on page 12. Always an inspiring event for young women and this year’s guest speaker Tanya Hosch was indeed inspirational.

Welcome to new Staff Members this term Phillip Munoz, new permanent Administrative Assistant and Phillip Zaczarowski new IT Support worker.

The 2016 Annual Deadly Kids Doing Well Presentation

“Deadly” in Aboriginal English means doing well, achieving and/or talented.

On Friday, 9th September, this event took place in the Great Hall of the University of Technology Sydney. It celebrates and acknowledges the achievement and effort of students of Aboriginal and Torres Strait Islander (ATSI) background in primary and secondary schools in Sydney.

This year, the Executive Director, Murat Dizdar, invited one of our students – Sharnee Dingwall in Year 11 – to receive a special award recognising her achievement. Sharnee was accompanied by her two, very proud, parents. She also participated in musical and dance items alongside two of our other talented students, Anastasia Bampos in Year 10 and Jesse Simon Fitzpatrick in Year 11.

When I spoke with Murat Dizdar afterwards about the ATSI support programs operating at Canterbury Girls High School he was very impressed. He was also especially moved by the quality of our students’ singing voices and enquired in particular about the student who led the singing ensemble who, he said, was outstanding.

Congratulations to Sharnee and appreciation also expressed to Anastasia and Jesse who gave time and effort to rehearse for the event at the end of a busy term when they also had assignments and tests to complete.

Well done! Mrs McLelland

“Cans of Love”

The SRC will be running “Cans of Love” canned goods collection for the Exodus Foundation – throughout the month of November via DEAR classes. This is an annual charity drive and our school always gives generously to those in need around Christmas time. Our school target is 1,200 cans – 2 per student. Weekly target updates will be given at assemblies. Suggested goods include canned spaghetti/baked beans, tuna / salmon, canned vegetables, toothbrushes.

As well the SRC are currently collecting signatures for a petition in regard to our current plan for NSW Sport and Recreation Camps to be privatised. The NSW government is considering privatising the operation of Sports and Recreation centres that have initiated generations of Sydney schoolchildren into the outdoors. CGHS use these camps each year.

A PBC INITIATIVE | CANTERBURY GIRLS HIGH SCHOOL

BEing Human shortFilmfestival

Explore and celebrate what we all have in common: Being Human

Full details can be downloaded from www.beinghumanfilmfestival.com and twitter. See page 28 for more details.
Managing exposure to potential sources of allergens at CGH School

The school has a comprehensive risk assessment to minimise risk of exposure to food allergens at school. In the matter of baked sales and cake stalls at school, we would ask students and families who provide items for fundraisers to please label all items and avoid preparing any items containing peanuts or tree nuts. Thank you for your cooperation in this significant student health and safety area.

UNIFORM: An important uniform update for all families, fortnightly text messaging to replace daily letters!

Congratulations to the vast majority of our student body who wear correct uniform every day. Thank you to all families who actively show their support for the school in their encouragement of their daughters to wear correct school uniform. With recent uniform updates we have some new options and a variety of uniform items to ensure all students can make appropriate choices every day. As always we seek the active input of families to encourage students to wear uniform correctly.

As of this term we have taken the decision to no longer send letters home to families on a daily basis advising of uniform concerns. We will continue to do a uniform check daily via classrooms before recess, with all class teachers assisting in delivering our school message about the importance of uniform. We will notify families each fortnight by text message if there have been multiple cases of your daughter being out of uniform (three or more in a fortnight).

Twice per term we will notify families by an emailed letter where concerns are ongoing. Should you have any enquiries on this matter please contact me by email or phone Julie.Ronayne@det.nsw.edu.au

We ceased sending letters at the start of term. The new text and email system will be in place in coming weeks.

BUS AND ROAD SAFETY

In this edition we have published one of a series of Be Bus Aware posters from NSW Transport. It is timely to remind all families driving their daughters to school to please take great care dropping them off and picking up near the bus zone. This is not a place where double parking or U turns are either safe or legal. Please be aware council rangers regularly patrol school zones, as do police. Our priority is the safety of the students, your daughters! PLEASE DRIVE SAFELY AT SCHOOL DROP OFF AND PICK UP TIMES.

UNIFORM: An important uniform update for all families, fortnightly text messaging to replace daily letters!

Congratulations to the vast majority of our student body who wear correct uniform every day. Thank you to all families who actively show their support for the school in their encouragement of their daughters to wear correct school uniform. With recent uniform updates we have some new options and a variety of uniform items to ensure all students can make appropriate choices every day. As always we seek the active input of families to encourage students to wear uniform correctly.

As of this term we have taken the decision to no longer send letters home to families on a daily basis advising of uniform concerns. We will continue to do a uniform check daily via classrooms before recess, with all class teachers assisting in delivering our school message about the importance of uniform. We will notify families each fortnight by text message if there have been multiple cases of your daughter being out of uniform (three or more in a fortnight).

Twice per term we will notify families by an emailed letter where concerns are ongoing. Should you have any enquiries on this matter please contact me by email or phone Julie.Ronayne@det.nsw.edu.au

We ceased sending letters at the start of term. The new text and email system will be in place in coming weeks.

BUS AND ROAD SAFETY

In this edition we have published one of a series of Be Bus Aware posters from NSW Transport. It is timely to remind all families driving their daughters to school to please take great care dropping them off and picking up near the bus zone. This is not a place where double parking or U turns are either safe or legal. Please be aware council rangers regularly patrol school zones, as do police. Our priority is the safety of the students, your daughters! PLEASE DRIVE SAFELY AT SCHOOL DROP OFF AND PICK UP TIMES.

CGHS School Uniform 2017

Canterbury Girls is a proud uniform wearing school. This is in accordance with the Department of Education policy and the wishes of the whole school community – students (represented by Student Representative Council and Prefects), parents and families (represented by the P&C), and staff. Wearing school uniform presents a positive public image to the community of our school. School uniform also fosters a safer school environment by enabling students to be easily identified. All students are expected to wear full school uniform every day.

SAFETY

Jewellery is to be minimal and small in size

In practical classrooms (science labs, Food Technology rooms, art rooms) enclosed leather style shoes must be worn.

The uniform supplier for our school is Lowes Campsie, Shop 36 Campsie Centre or via online ordering through Lowes at: www.Lowes.com.au/ CampusCategories.aspx?depid=228

Any family needing financial support to meet school uniform requirements should contact Office C, Mrs Heather Finnman our Administration Manager, for an application for the Student Assistance Scheme.

The school has a limited supply of uniform items. If the student is found to be wearing inappropriate clothing they may be asked to change.

JUNIOR (YEARS 7 – 10)

Checked skirt/ Navy tailored trousers/ Navy tailored shorts

Plain white blouse with school logo

Navy jumper with blue stripe or plain navy jumper/ Navy polo jumper/ School Logo

White or navy stockings

Black leather shoes/ boots with flat heels

Additional Items: School tie; navy tailored slacks; navy jacket; school blazer; plain navy cardigan or vest; Navy thick jacket with school logo, plain white, grey or black undershirt; white or navy veil.

SENIOR (YEARS 11-12)

Navy skirt/ navy tailored trousers/ Navy tailored shorts

Sky blue blouse with school logo

Navy jumper with blue stripe or plain navy jumper / navy polo jumper / School Logo

White/ Black or navy socks, or black or navy stockings

Black leather shoes/ boots with flat heels

Additional Items: School tie; navy tailored slacks; navy jacket; school blazer; plain navy cardigan or vest; Navy thick jacket with school logo, plain white, grey or black undershirt; white or navy veil

SPORT UNIFORM CONSISTS OF:

Navy shorts

Polo shirt (transitioning from current Yellow to Navy over next few years)

Sports shoes

Navy tracksuit with school logo

Sport uniform may be worn on sport day (Wednesday) only. For PE lessons students are to bring their uniform and get changed at the beginning and end of class.

Tights, skins, leggings and workout pants are not to be worn. If a student is doing dance for sport, they must wear navy school shorts over the top of the tights until sport commences.

EXTREME WEATHER: Additional outer layers of clothing such as jackets in cold weather can be worn as long as they are plain navy or black. In addition, in cold weather leggings under skirts is acceptable.

CGHS News • Special Events • Achievements

Year 12 Graduation Week

The Year 12 Graduation Week at the end of Term 3 ensured many happy memories were created for our departing Year 12s. Each event in the week was a special moment for the cohort. From the Annual Year 12 Big Day Out Picnic Day at beautiful Nielsen Park overlooking Sydney Harbour, to the final lesson/ classroom gatherings with peers and teachers, the well embedded tradition of the Ms Slattery Farewell Speech at the Staff-Student Breakfast, as well as at both the school Farewell Assembly and formal Graduation Assembly, our Year 12 cohort was a credit to their families and their school. They displayed fine conduct and gave heartfelt messages of farewell. We wish you all the best with your 2017 plans as exams conclude.
Learning Presentations
Learning Presentations for Years 7, 8 and 9 will be developed on Monday 31 October. On this day, normal lessons will cease in order to enable these Years to develop a presentation in which they reflect upon learning achievements for 2016 and their learning goals for 2017. It is hugely important that parents hear their daughter’s Learning Presentation, so I would ask you to contact Ms Strachan to make a time to visit the school in Weeks 7 and 8.

Presentations usually take about 30 minutes, and are invaluable in terms of strengthening home-school partnerships. Students who present to their parents and a staff member will have the achievement recorded on their school record and on their Yearly Report.

Students and Parents as Partners for Learning
Last term, I surveyed parents and students via email to get their views on ways in which we can strengthen the role played by students and parents as partners for learning.

Currently, we are trialling a Reflection Sheet on Assessment Tasks in Mathematics which enlists student and parent input, and a Term Reflection Sheet in English which utilises student reflection. If these prove effective, we are looking at introducing them in all subjects with Year 7 in 2017.

Strengthening partnerships with students and parents will be an ongoing focus for the school, and I would like to thank students and parents for their valuable input!

Aboriginal Education Programs
Mrs McLelland continues to work this semester to mentor our Aboriginal students and provide learning support. Parents of Aboriginal students are asked to please contact Mrs McLelland if they require any support.

Many thanks to our senior Aboriginal students, who will be teaching the Choir at Canterbury Public School to sing the National Anthem in Dharawal language. Congratulations to Bui David recently selected for the State Dance Company.

Reports
Year 11 reports will be issued shortly; junior report on the last Tuesday of the school year. If there are any issues with reports, especially regarding attendance data, would parents please follow up with the relevant Year Adviser as we are committed to making the reports as accurate as possible?

Parent Teacher Nights - Assessment
I wanted to flag two Parent Nights early in 2017 to present Assessment Booklets to Years 10 and 11. Nights will commence at 6.00pm in the Cantabrian Hall and conclude at 6.30pm. The dates are:
- Tuesday 7 February 2017, Year 11
- Tuesday 14 February 2017, Year 10

I hope all parents are able to attend and receive this important information.

The DoE website has more information at the following link: http://www.schools.nsw.edu.au/media/downloads/schoolsweb/studentsupport/programs/attendance/attend_parents.pdf

The DoE website has more information at the following link: 

We will continue to notify families if we have concerns about repeated instances of lateness.

Sue Holden, Principal

Andrew Anderson,

New Procedures for Late Arrivals
Starting from Week 3, Term 4 – Monday October 24, 2016.

Dear Families and caregivers,

Please be advised of a change to our late arrivals procedure.

Starting October 24th all students are expected at their Period 1 class by 8.40am, following the 8.38am warning bell.

The 10 minute window to arrive in class before the electronic roll is marked has been removed.

All late arrivals to school will be recorded as either:

<table>
<thead>
<tr>
<th>LATE - Acceptable</th>
<th>LATE - Unacceptable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Late bus arrival at school</td>
<td>Slept in</td>
</tr>
<tr>
<td>Known issue with traffic or public transport affecting significant numbers</td>
<td>Sick</td>
</tr>
<tr>
<td>Parent contacts school via phone, text, email or note to advise of reason for lateness</td>
<td>Studying / homework</td>
</tr>
<tr>
<td>Appointment (must be documented by parent or the provider eg doctor). Where possible appointments should be outside of school hours.</td>
<td>Missing the bus / train</td>
</tr>
<tr>
<td>Non-urgent family matters</td>
<td></td>
</tr>
</tbody>
</table>

The DoE website has more information at the following link: http://www.schools.nsw.edu.au/media/downloads/schoolsweb/studentsupport/programs/attendance/attend_parents.pdf

Please be aware of Friday Week 4, 17 February, cut-off, as no changes will be available after that.

 regard issue, please speak to James Bottalico, Police Youth Liaison Officer, 9797 4099.

Andrew Anderson, Deputy Principal

Deputy Principal’s Newsletter Report

Personal Best
The Personal Best program was introduced into the school in 2015 to build student knowledge and resilience about age relevant issues, and to promote positive mental health. For example, Year 7 examines issues related to bullying and friendship; Year 8 examines cyber-safety and Personal Relationships; Year 9 examines resilience and decision-making, and Year 10 examines planning for the future and mental health. Would all parents and carers of Years 7 to 10 students please ensure your daughter has completed her Personal Best work in 2016? Successfully completing this program will lead to a positive entry being made onto a student’s record and her Yearly Report.

Subject Selection
Years 7, 8 and 10 have successfully completed their subject selections for 2017. Students are able to change their choices up until Week 3 of next year.

However, change will be dependent upon parent permission being given in writing and a vacancy existing in the elective the student wishes to change to. Please be aware of Friday Week 4, 17 February, cut-off, as no changes will be available after that.

Ongoing Issues

1. Travel to and from School. Student safety remains the school’s most important priority. There continue to be issues with students not paying attention walking to and from school – listening to ipods, talking on iphones, and disregarding traffic signals and other safety related issues around them.

The police and senior executive have spoken to students repeatedly about this issue. Would you please continue to revisit this issue with your daughters and remind them to be alert at all times when traveling to and from school, not to have any valuables such as iphones visible, to observe all traffic light commands and to travel on main roads and in groups where possible. Safety issues should be immediately reported to the police.

2. Cyber-bullying. Cyber-bullying is an extremely serious issue which needs to be eradicated from the life of every individual. Usually any cyber-bullying which occurs takes place outside of the school and is something the school has little control over.

As such, this is a matter which should be directed to the police for prompt follow-up in terms of the Tele-Communications Act being breached and legal action being taken. Would you please ensure that you contact the police should cyber-bullying occur?

Should you require information regarding this or any other safety issue, please speak to James Bottalico, Police Youth Liaison Officer, 9797 4099.

Andrew Anderson, Deputy Principal

Andrew Anderson, Deputy Principal

Deputy Principal’s Newsletter Report

Personal Best
The Personal Best program was introduced into the school in 2015 to build student knowledge and resilience about age relevant issues, and to promote positive mental health. For example, Year 7 examines issues related to bullying and friendship; Year 8 examines cyber-safety and Personal Relationships; Year 9 examines resilience and decision-making, and Year 10 examines planning for the future and mental health. Would all parents and carers of Years 7 to 10 students please ensure your daughter has completed her Personal Best work in 2016? Successfully completing this program will lead to a positive entry being made onto a student’s record and her Yearly Report.

Subject Selection
Years 7, 8 and 10 have successfully completed their subject selections for 2017. Students are able to change their choices up until Week 3 of next year.

However, change will be dependent upon parent permission being given in writing and a vacancy existing in the elective the student wishes to change to. Please be aware of Friday Week 4, 17 February, cut-off, as no changes will be available after that.

Ongoing Issues

1. Travel to and from School. Student safety remains the school’s most important priority. There continue to be issues with students not paying attention walking to and from school – listening to ipods, talking on iphones, and disregarding traffic signals and other safety related issues around them.

The police and senior executive have spoken to students repeatedly about this issue. Would you please continue to revisit this issue with your daughters and remind them to be alert at all times when traveling to and from school, not to have any valuables such as iphones visible, to observe all traffic light commands and to travel on main roads and in groups where possible. Safety issues should be immediately reported to the police.

2. Cyber-bullying. Cyber-bullying is an extremely serious issue which needs to be eradicated from the life of every individual. Usually any cyber-bullying which occurs takes place outside of the school and is something the school has little control over.

As such, this is a matter which should be directed to the police for prompt follow-up in terms of the Tele-Communications Act being breached and legal action being taken. Would you please ensure that you contact the police should cyber-bullying occur?

Should you require information regarding this or any other safety issue, please speak to James Bottalico, Police Youth Liaison Officer, 9797 4099.

Andrew Anderson, Deputy Principal
PDHPE Ten Pin Bowling and Laser tag excursion for PASS

The Year 9 PASS class went off to North Strathfield to Ten Pin Bowling and Laser Tag and we had so much fun we did laser tag first. Mrs Turnbull was hopeless at Laser Tag and Nell was the champion for Laser Tag. In Ten Pin Bowling, Tatianna was great she was the champion of the day but overall everyone had a great time and enjoyed themselves. Class students were Nell, Kiarna, Abbie, Indi, Ana, Estella, Juanita, Eta, Mahnoor, Mikayla, Tatianna and Mel.

By Juanita

CAPA Jump First Ask Later: Drama excursion to Opera House

Visual Arts

Last newsletter we reported our annual Art Show winners and this edition we publish the pics of their art works. Rebecca Orsini and Eve Eleftheriou tied for best in Year 12 award, Jessica Tennent was Best in Year 11 and Xi Lin of Year 12 won Best in Show Overall. Congratulations again to these students for their achievement.

TAS: Room for Improvement 7TV4

Our girls have been learning new techniques to decorate their small containers. They have been very creative and produced stunning designs. Well done.

Mrs Stephenson and Mrs Kastanias.

From left to right, top to bottom: Anastasia Fulloon, Lorrina Chu, Kico Imai-Arnold, Angie Belin, Hannah Noun, Michelle Reid, Sophia Koulis, Tanille Williams.
Careers: Get into VET

Congratulations to Year 10 students who have completed short GET Into VET courses in Term 3 at local Sydney TAFE Ultimo and Petersham. These courses run over 6 weeks and are for 1 day per week, giving students a hands on experience of the TAFE education system and some of the course content offered – a great way for students to explore interests and abilities, to be prepared for post-school options for further education and vocation.

Year 11 at UWS Open Day

Year 11 students enjoyed a day of university experience with Careers Adviser Ms Papadimitropoulos at the Western Sydney University Bankstown Campus Open Day.

Maths Battle of the Minds

On Friday the 26th of August myself and 9 other girls in my year went to Battle of the Minds at Auburn Girls’ High School. When we arrived we were taken to a hall with many tables of kids from many other schools, with about 4-5 people on each table.

We split into 2 groups; 4 people there for Maths and 5 (me included) for Science. A short while after we arrived Round 1 started, which was General Knowledge. That was fun and we did really well (we scored 29/30). But unfortunately that was the best our team did that day; we got 10/10 in Round 2, like every other team (round two was a Sudoku-like puzzle), but apart from that we didn’t do too well. But that was fine, we had fun (or at least I did).

Round 3 was a Maths round where we had to imagine we were farmers and we had to complete a plan for a farm with areas for animals, plants, sheds, etc. We had to create a cost sheet and add up how much it all cost. We all thought we did really well, and it was hard (we were given an hour and a bit to do it) but in the end we only scored 10 out of 50 which was pretty annoying as we didn’t even get to find out why we lost so many points. Then we had recess and when we came back we started Round 4 which was a Science round. We were given a bag full of straws and paper clips and we were told to make a bridge that a cardboard boat could drive across without falling. If we succeeded, then a weight would be added to the boat and they would continue adding weights until the boat fell.

We were not very successful in this round and our boat didn’t even make it across once! At the end of the day there was a bonus round where we were given three riddles and 10 minutes to figure them out. We figured all of them the minute they were called out and we got them all right in the end, which was nice because we hadn’t had such a good run that day. But I had a good time and I think everyone else did too.

Olivia Scouller, 8A

Year 12 Hospitality

Congratulations to Rebecca Orsini in the Hospitality class of 2016, who received an award for outstanding application towards Work Placement in 2015 and 2016. This award is very prestigious among the VET community and is only awarded to a select few.

The award is provided from SSBEN (South Sydney Business Education Network) who work in partnership with high schools and TAFEs to provide Hospitality and other VET courses with establishments that are willing to train our students in the areas that they are studying.

Rebecca and her family were invited to a breakfast where the awards were presented (pictured below) and acknowledged the students’ commitment and hard work while at work placement. Great Work Rebecca!

Hospitality Year 12 Graduation

Congratulations to our Year 11 students for their tireless work in preparing and serving food at our Year 12 Graduation Function. Feedback from teachers and guests who attended the function has been very positive with lots of praise for the quality of the food prepared and the service provided by the girls. Well done.

Mrs Stephenson & Mrs Kastanias.
Chinese Language Spectacular 2016

On the 19th of October, Year 9 Chinese elective students attended The Chinese Language Spectacular as part of the Senior Girls’ Choir. We performed a variety of famous and traditional Chinese songs, both in Mandarin and English. We arrived at the Sydney City Town Hall at two in the afternoon and rehearsed for the next 4 hours. The stage was huge, filled with students from many other schools as we practiced together. During the rehearsal, we got to communicate and make friends with other students that participate in the spectacular. When it was our turn to perform, we were excited and nervous at the same time before entering the stage. Overall the whole spectacular was splendid with amazing and beautiful performances from many talented students, we feel grateful to be part of it. It was a fun day as we got to experienced many awesome things and meet new friends.

By Mai (Tran) Nguyen and Vicky Zhao

CAPA Music News

Following on from a jam packed musical Term 3, Term 4 has started with a bang! The first performance had the band playing at the Year 6 Performance Day experience day where future band members mixed with senior musicians and got a taste of high school.

In Week Three thirty six students ranging from Year 8 – 11 took part in Kool Skools 2016, a project that saw them record their original songs. A record number of fourteen tracks were painstakingly rehearsed, refined, recorded, and remastered with wonderful results. We look forward to receiving the final mastered CDs and celebrating at the Kool Skools Awards Night on the 11th of December.

Term 4 has also seen the start of the rehearsals for the 2017 musical production Lil Miss Adventure. With a record amount of original music needed to be learnt we delved into learning the repertoire headfirst! School Spectacular rehearsals have also begun with students rehearsing at school as well as with the combined choir in preparation for the performances on the 25th and 26th of November.

We are now looking forward to showcasing pieces from all the ensembles plus performances of original student compositions for MADD night in week 5.
GoMAD Youtube Clip

This year, the Year 8's in the S.E.A. (Student Environmental Ambassadors) have been busy making a video for the Go MAD Challenge. The Go M.A.D. (Go Make A Difference) Challenge is a government funded program to assist students from schools all around New South Wales to make a difference to the environment.

The Year 8's attended a camp where they learnt leadership, filmmaking and advertising skills to help them develop a project which will improve the community and environment around the school.

Canterbury Girls' project was to install a native Australian beehive in the school grounds, to help boost the struggling population of native bees and help pollinate the school gardens. For their project, the Year 8's included a video to show the steps that they took to achieve the end goal of a having native beehive.

This clip took them 2 terms to make and is available to watch on the school’s YouTube channel. Please watch the video and don’t forget to like it!

https://youtu.be/4Wqfbqk055M

S.E.A Year 8’s
Cara, Zoe, Emma, Emma, Tahlia, Michelle and Hannah

The publication of the State of the Climate 2016 is a timely reminder of the importance of sustainability initiatives and environmental education in our schools. See the report at http://www.bom.gov.au/state-of-the-climate/

2016 SCHOOLS SPECTACULAR
Dream Big – Tickets

Tickets are now on sale for the 2016 Schools Spectacular – Dream Big at Qudos Bank Arena at Sydney Olympic Park.

The 2016 Schools Spectacular will be a brilliantly choreographed and costumed production featuring over 5,000 singers, dancers and musicians representing more than 500 NSW public schools from across the state.

Support in Mathematics

A number of students are receiving additional support in Mathematics from highly experienced teachers, Mr Sam Altmann and Ms Marion Gifford. The lessons are often held in the Library in addition to the timetabled Maths lessons.

Here, you can see Mr Altmann explaining to Year Nine student, Liliana Gabey, how to calculate percentages and commission. This is a topic in the subject which covers financial literacy – an important topic also covered in a number of HSIE subjects.

Introducing our wonderful volunteer Olga Kariatis.

We are lucky to have Olga who works with staff and students in our After School Study Centre (ASSC) on Mondays in our School Library. She also works in our Tuesday Friendship and Social Skills Program as well as Friday lunch time Film Club. Her warmth and commitment are greatly appreciated. See her wonderful photos of her work with the girls developing ideas for a healthy lunch box. You should try them!
Family Wellbeing Workshop

A FREE WORKSHOP FOR FAMILIES
This workshop is being offered to families living in the Ashfield, Burwood, Strathfield and Canada Bay areas. The workshop will explore child development and the impacts of trauma, strengthening family relationships, local support services and networks, and building safer families.

Please register your interest for ONE of the following sessions:

THURSDAY 20 OCTOBER 2016
Venue: Strathfield Community Centre
Address: 1B Bates Street, Homebush
Time: 6.00pm - 8.30pm

SATURDAY 29 OCTOBER 2016
Venue: The Infants Home
Address: 17 Henry Street, Ashfield
Time: 2.00pm - 4.30pm

Limited places available. Bookings are essential.
Refreshments provided.
Free childcare available (limited spaces)

Please RSVP to Annaleise Kidwell on 8732 1361 or Annaleise.Kidwell@facs.nsw.gov.au

Proudly supported by:

Burwood Council
NSW Family & Community Services
Strathfield Council
Parents Line

Funded by: Collier Charitable Fund

A FREE WORKSHOP FOR FAMILIES
Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?

BECOME A CRICKET UMPIRE

Participate in the game from the best spot at the ground.

Become involved in Australia’s favourite sport, learn new skills, meet new people and have fun.

Cricket NSW is currently offering the Cricket Australia Community Officiating course free for females.

Don’t let age or experience be a barrier– everyone is welcome.

Contact Claire.Polosak@cricketnsw.com.au for more information

BECOME A CRICKET UMPIRE

Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?

BECOME A CRICKET UMPIRE

Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?

BECOME A CRICKET UMPIRE

Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?

BECOME A CRICKET UMPIRE

Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?

BECOME A CRICKET UMPIRE

Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?

BECOME A CRICKET UMPIRE

Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra cash?
Holyoake

- Holyoake supports families and individuals impacted by problematic substance use or gambling behaviours.
- A program of CatholicCare Sydney.
- Offers confidential, supportive and non-judgemental assistance to individuals and families.
- Affiliated with Holyoake, Western Australia. Funded by the NSW Department of Health.

Holyoake is:
An agency that supports people who are affected by another person’s drinking, drug-use, gambling or related mental health issues. Children from 5–18 years are also supported in groups specially designed for young people.

Funding does not cover all costs so our services incur a fee which is negotiable if finances are a problem.

Holyoake is:
- Holyoake supports families and individuals impacted by problematic substance use or gambling behaviors.
- A program of CatholicCare Sydney.
- Offers confidential, supportive and non-judgemental assistance to individuals and families.

For people affected by a family member’s alcohol, drug or gambling behaviours and related mental health issues.

Do you require more information? For more information on our services please call 02 9509 1255.

Finding challenges in raising 12–17 year olds?

Good Shepherd is offering FREE Parenting Workshops for parents and carers of adolescents.

Come and learn about:
- The stages of adolescence;
- Parenting styles and communication techniques that work; and
- How to keep a positive approach to discipline.

When: 5:30pm to 7:30pm Tuesday evenings, one session per week for 6 weeks from the 25th of October to the 29th of November 2016

Where: Good Shepherd, 440 Marrickville Road, Marrickville

Registration is essential please contact:
Anne-Marie Taylor or Lauren Stracey by phone: 8571 7800 or email: AnneMarie.Taylor@goodshep.org.au or Lauren.Stracey@goodshep.org.au

Also now available, THE AUSTRALIAN PARENTING APP
FREE from iTunes App Store or Android Market.

www.goodshep.org.au
LEARN TO SWIM
FOR GIRLS AGED 12-18

FREE 10 WEEK LEARN TO SWIM PROGRAM

WHERE
Canterbury Aquatic Centre,
Phillips Ave Canterbury

DATE
Tuesday 25 October -
Tuesday 13 December 2016

TIME
4.00 pm - 5.00 pm

CONTACT
Daniela Monasterio -
Youth Support Worker on 9718 9848
For Enquiries and Registration

WWW.CANTERBURYBANKSTOWN.NSW.GOV.AU

Supported by
MISSION AUSTRALIA

A DAY OF INDIGENOUS IMMERSION, LEARNING
AND FUN WITH ABORIGINAL ARTISTS

WHAT

WHEN
9:30 AM - 2:30 PM
WEDNESDAY 30TH NOVEMBER

WHERE
BANKSTOWN ARTS CENTRE
5 OLYMPIC PARADE

WHO
ABORIGINAL YOUTH IN THE BANKSTOWN
AND CANTERBURY AREA IN YEARS 5 - 12,
AGED 10 - 18

MORNING TEA AND LUNCH PROVIDED
TO REGISTER CONTACT Goby ON 02 9793 8324

WWW.CANTERBURYBANKSTOWN.NSW.GOV.AU

Supported by
MISSION AUSTRALIA

A DAY OF INDIGENOUS IMMERSION, LEARNING
AND FUN WITH ABORIGINAL ARTISTS

WHAT

WHEN
9:30 AM - 2:30 PM
WEDNESDAY 30TH NOVEMBER

WHERE
BANKSTOWN ARTS CENTRE
5 OLYMPIC PARADE

WHO
ABORIGINAL YOUTH IN THE BANKSTOWN
AND CANTERBURY AREA IN YEARS 5 - 12,
AGED 10 - 18

MORNING TEA AND LUNCH PROVIDED
TO REGISTER CONTACT Goby ON 02 9793 8324

WWW.CANTERBURYBANKSTOWN.NSW.GOV.AU

Supported by
MISSION AUSTRALIA
Free Pink Scarf for Every Woman attending BreastScreen this October/November

Did you know that 1 in 8 women will develop Breast Cancer in their lifetime? A mammogram with BreastScreen every two years can save your life!

BreastScreen is especially for women aged 50–74 years. Your closest BreastScreen Clinic is located in the Campsie Centre (14–28 Amy Street, Level 1, opposite Big W). A free Cantonese/Mandarin speaking interpreter is available every Tuesday from 9.15am to 4.00pm at the Campsie Centre.

Call 13 20 50 or 13 14 50 for interpreter assistance to book your FREE screening mammogram today.

BreastScreen NSW

Do you want to make a difference in the life of a child?

Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0–18 years that are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required. Aboriginal and Torres Strait Islander people are encouraged to apply.

All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 02 9765 5000 or email fosteringwithfacs@facs.nsw.gov.au

act, create, communicate

Do you want to have fun, be more confident & make new friends? Then join our youth theatre class. Our fun classes cover Speech, Improvisations, Monologues & Scripts!

Now Enrolling!

Studio Locations: Maroubra, Marrickville & Homebush.

Contact the Principal Mel Duke - 0435 566 238

www.helenogrady.com.au
BE BUS AWARE
Reduce speed to 40 when lights are flashing

bebusaware.com.au

NSW Government
Transport for NSW
CONCERT FOR CONGO
SUNDAY, NOV. 6 • 2-4 p.m.

Help Congolese pygmy orphan children to attend school* by joining us at Pitt St. Uniting Church
264 Pitt St., Sydney (near Town Hall Station, CBD)

• With One Voice Choir (Sydney Sings) and soloists from around the world
• Robert Teicher, WOV choir leader and magician on the organ
• Canterbury Girls High School’s African drummers and vocal group
• African performances – Lucky Lartey, Inkumburwa Dance Group, NSW Ugandan Cultural Dance Group – singing, drumming and dance!
• STALLS – handicrafts, treasures and ‘Coogee Bees for Congo’ honey
• RAFFLE!

TICKETS: $25 ($15 concession and family members of concert performers. – 6 children under 18), includes afternoon tea. Advance bookings required.
Call Robyn at 0403-761-341 or email handupcongo@gmail.com or go to https://www.trybooking.com/MQX.

* Raising ducks and selling their eggs helps pygmy orphans in Lotumbe, DR Congo to buy school uniforms and pay for tuition. Duck farming provides nourishment and a long-term and secure livelihood for these at-risk children. 100% of the concert proceeds will purchase ducks and fruit trees. This is an initiative of the Lotumbe Community Development Team, supported by Coogee Bees for Congo, GLAF/D, HandUp Congo, Pitt St. UC, Rotary Australia’s World Community Service (RAWCS), Rotary e-Club of Greater Sydney, With One Voice Community Choir.

Can’t attend? Tax deductible donations to this project can be made: www.rawcs.org.au, Project 20,
Year established 2013-14, “Lotumbe Community Development”
A SHORT FILM COMPETITION FOR PARTICIPATING SCHOOLS IN THE INNERWEST

BEing Human short Film Festival

Explore and celebrate what we all have in common: BEing Human.

How to Enter
Go to: www.beinghumanfilmfestival.com
1. Read the terms and conditions and guidelines then make your film
2. Upload to YouTube or Vimeo
3. Complete the online registration form

Use your film to share and promote ideas of human commonality, compassion and understanding and did we mention you can win stuff!

Entries Close 6 March 2017
RED CARPET INTER-SCHOOL GRAND FINAL
6 April 2017 at Canterbury Girls High School

A P&C INITIATIVE | CANTERBURY GIRLS HIGH SCHOOL

REMINDERS for families
Please ensure that if your address or phone number has been changed the school administration is informed. A Change of Contact Details Form can be collected from Office A.

Excursions: The school is more than happy for students to pay overnight excursions off across the year as long as a $50 deposit is paid prior to departure. One day excursions must be paid in full before departure.

Newsletter by email: All families will receive an SMS when the newsletter is available on the website. This comes out each month and issue dates are on the calendar on the website. The newsletter is emailed to all students as well. If you wish to have a hard copy your daughter must collect this from Office A.

School Calendar: Remember to check the student calendar on the CGHS website for excursion dates, upcoming events, rehearsal times and assessment items.

www.canterbury-h.schools.nsw.edu.au

Parents and Citizens Association

2016 P&C EXECUTIVE
President: Jennifer Childs
Vice President: Heather Veitch & Gemma Haig
Secretary: Lynne Scouller
Treasurer: Shane McCardle

Find us on: Twitter: @GirlsCanterbury

Meetings: 4th Wednesday of the month
Term 4: 23rd November.
Cantabrian Hall, entry via Church Street.

See all excursion and information notes on the website for download:
canterbury-h.schools.nsw.edu.au

LEAD THE CHALLENGE • LEADERSHIP • EXCELLENCE • ACHIEVEMENT • DIVERSITY
TWITTER: @GirlsCanterbury • VISIT: www.canterbury-h.schools.nsw.edu.au

NOVEMBER 2016 | 29