Congratulations to:

- All students who were recognised on Academic Recognition day for outstanding performances in 2012.
- The following students selected in NSW Performing Arts Unit Ensembles for 2013: Claire Badart-Prentice, Scout Eastment, Year 11 and Zoe Viney, Year 8 in the NSW Senior Singers, Lucy Melville, Year 7 in the Junior Singers, Remington Adeney, Year 8 in the NSW Junior Drama Ensemble, Natali Vranjkovic, Year 10, in the State Senior Dance Ensemble and Javiera Scarratt, NSW Symphony Orchestra.
- Zone swimming Team: Jemma Nguyen, Honey Spence, Katarina Foster, Monique Papanicolaou, Monica Tanuse, Ariana Costas, Connie Nicoletti, Anna Vo, Xanthia Marinelli, Jessie Simon-Fitzpatrick, Bao Nguyen, Jenny Nguyen, Lucinda Dunstan, Latifah Jackson-Vaughan, Ellie Cott, Lauren Brett, Tara Brett and Lulu Lucas.

- Natali Vranjkovic, Year 10, who over the summer break travelled to Queensland and successfully performed in the Australian Dance Championship Showcase. She was entered in the Diamond section which is the most advanced section. She attained three Platinum/Gold awards and two Gold awards and a third and fourth place in Contemporary, Jazz, Tap, and lyrical dance styles.
- Fauziah Hambali, Year 12 2012 student whose HSC artwork is hanging in the Hazlehurst Gallery. (Pictured below).
Swimming Carnival 2013

Just like a fairytale, or in our case, a Disney movie, the horrible rainy weather cleared and we had a perfect day for our Swimming Carnival. The day was filled with great atmosphere, a record turnout of students and some fantastic efforts in the pool. The day was dominated by Darwin, the overall House Winner for the day, who had an excellent number of students competing to gain points. A big congratulations to the Age Champions and students who made it through to the Zone Swimming Carnival. Good luck for your races in the next round of competition.

AGE CHAMPIONS
12 yrs Jemma Nguyen 13 yrs Monica Tanuse
14 yrs Jenny Nguyen 15 yrs Elle Cott
16 yrs Vicky Nguyen 17 yrs Tiffany Mak

Wet Socks, Green Hearts, can’t lose!

It was a wet start to the GREEN D.E.A.R’s year of action as the group launched an all out assault on the school grounds as part of Clean Up Australia day. In less than ideal conditions we trudged, squelched and at times waded through puddles seeking out litter and hunting down rubbish. I for one was nervous. Wet socks typically reduce me to the foetal position, however the enthusiasm emanating from the Green Girls was infectious. “What rain!” they cried. “This is important Sir”. And they were right.

The beautiful grounds at Canterbury Girls were the first things I noticed when I came for my interview at the school late last year. Immaculate gardens, a rolling green oval, a birdcage and a frog pond. Six weeks into the term I still find it warming to see how the students take pride in and enjoy their surrounds. It is in this pride, coupled with a healthy dash of social responsibility, that had us ignoring the elements. Wet socks or not we all wanted to make a difference, one discarded straw at a time.

The rest of the year will see us carrying on the good work that Friday’s clean up started. We’ve been busy since the start of the term brainstorming new ways to make the school more environmentally friendly. Improving recycling practices in the classrooms, creating a compost system to utilise Food Tech’s left overs and bringing the ‘edible garden’ back to its former thriving glory are some of the short term goals of the group. By the end of the year however, we hope to roll out the latest members of Canterbury Girls High School; a brood of chirpy chickens!

There is a lot of work ahead for the group but with the addition of 9 new members, including 4 from Year 7, Green D.E.A.R is as strong and focused as ever! However, we can always use more help and extend a welcoming hand to anyone in the Canterbury Girls Community who is keen to get involved. Watch this space and do your bit!

Mr Robertson.

Homework Help & Online Tutoring

Need help with your homework? Your local library has a homework tutor available for students Years 3-12.

- Earlwood and Lakemba Libraries: Mondays 4pm-7pm starting Monday 11 February
- Riverwood Library: Monday and Thursday 4pm-7pm starting Monday 11 February
- Campsie Library: Tuesday, Wednesday 4pm-7pm and Saturday 1pm-4pm

Online Tutoring

Use our free Online Tutoring Service and get help with your homework from trained, professional tutors! Available for students in Years 4 through to 12, from Monday to Friday 4.00pm to 8.00pm. Subject areas covered include: Maths, English, Science, Research and Study Skills. All you need is your City of Canterbury Library Card.

For more information go to our website www.canterbury.nsw.gov.au/library or call 9789 9423. All programs are FREE.
On Thursday morning our teams went to different can change. The giant swing was scary for us but we still had to go and we don’t regret it because it was a once in a lifetime opportunity (we think...).

The camp food was ... alright but it was better than other camp food we have experienced. But it still wasn’t the good and tasty food we have at home. On Thursday morning our teams went to different activities and the Red group went for kayaking. There were heavy winds so things didn’t go as expected and me (Monira) and my partner were always going the opposite direction so we had to be towed in by the instructor (quite embarrassing). An hour after dinner on Thursday, there was a Milson Island Disco where most people dressed up and we all had a great time dancing to old favourites and learning new dances that we have never heard before. The high ropes were quite fun and it tested your skills of climbing as we climbed up logs and nets (course with a harness and a group of people holding on to your rope). We both reached the very top which was about 20m high.

On the Friday morning we woke up half an hour before we had to go to breakfast so we were running around like crazy to pack our bags and tidying up our cabins that was the Lorikeet Lodge. Now the lovely, supportive, caring, wonderful and patient teachers who gave up their time to come to camp with us. We have to thank Ms Burgess, Ms Kovanis, Ms Cateris, Ms Moodie, Ms Naisbett and Ms Laris. We had so much fun and it was a great start to our first year at Canterbury Girls High School. By Monira Bhuian and Anastasia Alexander 7C.

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**Year 12 Drama**

Drama students in Year 12 came back to school and straight into continued work on their Individual Projects in preparation for their HSC exam. Part of their preparation includes the opportunity to attend ‘Onstage’ the showcase of HSC Drama performance and the exhibition of the best of the submitted projects.

Attending ‘Onstage’ was a real eye opener. It was great to see the standard of excellence that we can strive for. We had the chance to see not only performers presenting their Individual Performances but also the best of the Group Performances.

It was a little intimidating at first coming to terms with just how sophisticated and polished the works were in presentation. Our teacher reminded us that the work of other people always seems wonderful because our familiarity with our own work means that we cannot detach from recognising our strengths and weaknesses as easily.

The excursion certainly set a high standard for us to attain. The program we watched included works of quiet intensity and high energy performances. ‘Overdue’, one of the group performances brought us the thoughts and actions of five librarians. This piece brought the use of a book as a prop to a whole new innovative level.

In ‘The Whore’ of Mensa’ a solo performance based on a short story by Woody Allen we really enjoyed the concept of intellectual discussion as something illicit and almost shameful.

**TAS – students in action**

The girls in Year 9 Food Technology had an opportunity to create their own designs for their cupcakes using fondant and coloured icing, below left.

The girls in Year 9 Textiles and Design used tie-dying techniques and block printing to decorate their fabric. They then used the fabric to make decorative kimonos, below centre.

In discussion later in class we were able to recognise how each of the performances fulfilled the performance descriptors for dramatic meaning, performance skills and character development.

We have a lot of work to do to get our work to a comparable standard but we now know exactly what we have to achieve.

This reflection came about as a result of analysis and discussion by our Year 12 Drama Students.
Request for Support with Uniform

The School is requesting parent support with school uniform to promote student safety and connection to the Canterbury Girls High School community. The overwhelming majority of students attend school each day in full school uniform and are to be commended on their positive attitude and commitment in relation to uniform. They look, and behave, as fantastic ambassadors for our school.

However, an issue still exists with a number of girls who persist in wearing incorrect footwear, usually in the form of slip on shoes / slippers. These shoes are unsafe for school, and, as such, should not be worn under any circumstances. Such shoes offer the girls little support, and provide no protection if there is an accident.

Example of Incorrect Shoes

All students are encouraged to wear black leather shoes which cover the foot and protect a student in the event of an accident.

Example of Correct Shoes

Each day a student is out of full school uniform – including shoes – her name is recorded on our school’s electronic welfare data system, and a generic letter is sent home.

All parents and caregivers are encouraged to continue to support the school in relation to uniform – including shoes – and are asked to contact me should you have any enquiries relating to this matter.

Communicating Student Welfare Issues

Canterbury Girls High School is strongly committed to providing a safe, happy school in which students are supported to achieve their personal best. In leading Student Welfare across the school, I am regularly in contact with students, families, staff and outside agencies in the provision of support for students.

Can I please ask that parents and caregivers advise me of any serious concerns relating to your daughter’s welfare so that I can work with the appropriate members of the school community to resolve these concerns? Sometimes students are reluctant to raise issues with the school for fear of making things worse. My experience is that issues need to be addressed if they are to be resolved, and that not tackling an issue usually leads to it continuing and, eventually, adversely impacting upon a student’s learning.

I personally give all parents and caregivers an undertaking that all concerns will be followed up quickly and to the best of the school’s ability.

Andrew Anderson, Deputy Principal

Year 7 Vaccinations

April 3rd, June 27, November 28

School Immunisation Program

Parents and carers of Year 7 students, please note these dates are the 3 visits from the Sydney South West Area Health Service nurses to offer HPV, Hep B, Chicken Pox and dTpa (Diphtheria, whooping cough & tetanus) immunisations.

Visit 1 April 3 - dTpa, HPV dose 1
Visit 2 June 27 - Hep B dose 1, HPV dose 2, Chicken pox
Visit 3 Nov 28 - Hep B dose 2, HPV dose 3

We will send home information and consent packages very soon and request you complete them carefully and return to school promptly. Please ensure you sign each of the forms and include your MEDICARE NUMBER.

If you do not require any of the vaccinations you do not need to complete the form - however we do ask you to return all forms, complete or incomplete, so we know you have received it. If your daughter is already vaccinated for Hep B another vaccination is not needed. If you have not had chicken pox or the vaccine for it, you will require the varicella (chicken pox) immunisation, if you choose.

Further information will be in the material sent home. Missed doses due to absence can usually be caught up in the next round.

Withdrawal of Consent

Please note if you complete the consent form to give permission for your daughter to receive a vaccination, and then decide not to go ahead, the school must be sent written advice to that effect from the parent who signed the consent form. This is an important point for parents in shared custody arrangements.

Please use the following link for further information on the School Immunisation Program:

Year 12 Hospitality

The Year 12 Hospitality class were called upon to cater for the award winners, their parents and guests for the Recognition Assembly for Higher School Achievers. The Year 12 Hosp girls (as I like to call them) had to give up some of their personal time and class time to plan and prepare food for this special occasion. The students were catering for 120 guests, preparing and serving both savoury and sweet finger foods. They worked diligently and professionally as they drew on their knowledge and skills gained from both their work placement in the food industry and practical lessons in class, to prepare and serve food of high quality.

The following pictures are some of the examples of the foods the students prepared and served. The students had so much fun even though they got a little bit tired and are looking forward to the next function planned.

Maria Stephenson, VET – HOSPITALITY

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Maria Stephenson, VET – HOSPITALITY
**Ex Students storming ahead with a local business**

Three students from the 2011 HSC class have set up a small local business offering tutoring. Lucy Chen, HSC 2011 is Completing a Commerce and Law degree at UNSW; Linh Nguyen is completing Civil Engineering at UTS and Debby Liman is completing a Bachelor of Business at UTS.

So if you are looking for a tutor to assist your school preparation these three young woman are certainly keen to support students from Canterbury Girls High. (See advertisement at left).

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**School Building works and equipment update**

- The $1 million dollar installation of ramp, a lift to 3 levels for full disability access and a lift to the stage of the MPC will be completed by the April holiday.
- The much improved School Canteen area will have the last lots of work completed during the April holiday with the installation of a new surface on the floor in front of the actual canteen. The mural works designed by last year’s Year 8 Visual arts students is also near completion and is looking wonderful.
- Maths classrooms will all be repainted in the upcoming school holidays, as well as the full external area of the Multi Purpose Centre (MPC).
- Two computer rooms have just had brand new computers installed.
- All student toilets are having Dyson Hand dryers installed over the next month as well as improved lighting in the Senior Girls Toilets.
- Student lockers have been in big demand and another 20 have been ordered and are due for delivery any day.

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**International Women’s Day at CGHS**

At school we are having a special guest speaker for seniors and student leaders, as well as our own whole school assembly to mark the day.

School representatives will attend the Zonta Women’s Club Breakfast and the Young Women’s Leadership Seminar at Parliament House.

The next issue of the newsletter will contain full reports and pics!
See the DEC website for more information:

The DEC has introduced new Anaphylaxis Procedures for Schools. These procedures are mandatory for NSW government schools. All families who have indicated their child has an allergy will soon receive new forms to allow the school to update and improve our support to manage your child’s allergies at school. Students who already have anaphylaxis health care and emergency response plans in place will be required to update school records to comply with the new procedures. The new procedures include updates in staff training and peer education as well as new risk assessment processes.

Additionally, the emergency response plans must be in accordance with the guidelines provided by ASCIA (http://www.allergy.org.au/health-professionals/anaphylaxis-resources/ascia-action-plan-for-anaphylaxis). This will ensure we have emergency response plans in place to suit the autoinjector used and the level of severity of the allergy. Anaphylaxis is a severe and sometimes sudden allergic reaction. It can occur when a susceptible person is exposed to an allergen (such as a food or an insect sting).

Anaphylaxis is potentially life threatening and always requires an emergency response.

It is the responsibility of the parent/carer to notify the school that their child has an allergy and is at risk of anaphylaxis. This notification should occur either at the time of enrolment, or if the student is already enrolled, as soon after diagnosis as possible. It is the role of the parent to:

- promptly notify the school if they are aware that their child has been diagnosed as being at risk of a severe allergic reaction.
- provide the ‘Severe Allergies-Information from the doctor’ form to their child’s doctor for completion, and return the completed form to the school.
- provide the ASCIA Action Plan for Anaphylaxis completed and signed by the doctor. A new plan is completed by the doctor each time an adrenaline autoinjector is prescribed. It is important that parents provide the school with a copy of the updated plan, or a photocopy of that plan.
- provide the equipment and consumables for carrying out health care support as specified in the student’s individual health care plan, including where relevant, the appropriate adrenaline autoinjector.
- provide written requests for the school to administer prescribed medications where necessary. For example some children are prescribed antihistamine or have other health conditions that require administration of prescribed medications.

An ASCIA Action Plan for Anaphylaxis, signed and dated by the student’s doctor must be provided to the school by the parent for the individual student. The individual health care plan must include an ASCIA Action Plan for Anaphylaxis for the individual student to be built upon, and a plan for the avoidance of known allergens.

Action steps for the parent/family

It is important that parents notify the school if their child has an allergy and is at risk of anaphylaxis. This notification should occur either at the time of enrolment, or if the student is already enrolled, as soon after diagnosis as possible. It is the role of the parent to:

- promptly notify the school if they are aware that their child has been diagnosed as being at risk of a severe allergic reaction.

A FORM WILL SOON BE SENT TO ALL FAMILIES WHO HAVE INDICATED ‘ALLERGIES’ IN MEDICAL/HEALTH INFORMATION PROVIDED TO THE SCHOOL, to collect detailed information, so we can determine if a health care and an emergency response plan are required.

- provide the ‘Severe Allergies-Information from the doctor’ form to their child’s doctor for completion, and return the completed form to the school.
- provide the ASCIA Action Plan for Anaphylaxis completed and signed by the doctor. A new plan is completed by the doctor each time an adrenaline autoinjector is prescribed. It is important that parents provide the school with a copy of the updated plan, or a photocopy of that plan.
- provide the equipment and consumables for carrying out health care support as specified in the student’s individual health care plan, including where relevant, the appropriate adrenaline autoinjector.
- provide written requests for the school to administer prescribed medications where necessary. For example some children are prescribed antihistamine or have other health conditions that require administration of prescribed medications.

It is the responsibility of the parent/carer to notify the school that their child has an allergy and is at risk of anaphylaxis. This notification should occur either at the time of enrolment, or if the student is already enrolled, as soon after diagnosis as possible.

As with other serious health conditions, the school will put in place strategies to manage a student at risk of anaphylaxis at school or while the student is engaged in school related activities.

An ASCIA Action Plan for Anaphylaxis, signed and dated by the student’s doctor must be provided to the school by the parent for the individual student.

If written information provided by the parent from a doctor confirms that their child has been assessed as being at risk of anaphylaxis, an individual health care plan must be formulated in consultation with the parent. The individual health care plan must include an ASCIA Action Plan for Anaphylaxis for the individual student signed by their doctor and a plan for the avoidance of known allergens.

Music Scholarships for 2013
Canterbury Girls’ High School offers students the opportunity to undertake studies in a wide range of Performing Arts subjects.

In Music, students can be part of a highly regarded program of practical studies and numerous extra-curricular ensembles encompassing strings, woodwind, brass, percussion and voice.

The School is keen to offer an opportunity to students who may not have completed practical exams but who display potential at a young age. Some theoretical background would be an advantage but is not a prerequisite.

We encourage you to consider applying for a scholarship as it will greatly benefit your child’s music development.

If you have any further queries: please contact Louise Flannery on 9718 1805, or by email louise.flannery@det.nsw.edu.au

Basis of the Award

STRINGS

Scholarships will be offered in the area of STRINGS for new students entering Years 7, 8, 9 or 10 in 2013. Students need to demonstrate outstanding musical skills and/or potential on VIOLIN, CELLO or DOUBLE BASS.

GENERAL MUSIC SCHOLARSHIPS

Scholarships will be offered for new students entering Years 7, 8, 9 or 10 demonstrating outstanding musical skills and/or potential in the area of BRASS, WOODWIND & PERCUSSION.

ENTRY PROCEDURE AND METHOD OF AWARD

- Candidates should complete the Music Scholarship Application form and return it to Ms Flannery in CAPA by the due date.
- All applicants will be advised in due course of the outcome of their applications.
- A Music Scholarship gives the recipient a reduction of 50% on tuition fees and free hire of a school instrument for the duration of their enrolment at CGHS subject to satisfactory progress.

APPLICATION PROCEDURE

- Applications should be submitted by 3.10pm, Friday 15th March 2013.
- All applicants will be advised in due course of the outcome of their applications.

FURTHER INFORMATION

If you would like further information or have any queries, please contact LOUISE FLANNERY (Ensembles Co-ordinator) in the Music Department. Telephone: 02 9718 1805, Fax: 02 9718 3501, Email: louise.flannery@det.nsw.edu.au

Closing Date
Friday 15th March 2013
Please see the website for the application form.
Must you send my child to school?

Education in New South Wales is compulsory. This means all children from six years of age and under the minimum school leaving age are legally required to attend school.

From 2010, all New South Wales students must complete Year 10. After Year 10 and until they turn 17 years of age students must be:

1. in school or registered for home schooling, or
2. in approved education or training (e.g. TAFE, traineeship, apprenticeship) or
3. in full-time, paid employment (average 25 hours per week) or in a combination of work, education and/or training.

Principals are legally responsible for deciding if the reason given for an absence is justified.

For this reason, Principals may request medical certificates or other documentation for long or frequent absences explained by parents as being due to illness.

If Principals don’t consider an explanation to be satisfactory, they will record the absence as unexplained.

If your child has to be absent from school, it is important to tell the school and provide a reason for your child’s absence. To explain an absence parents and carers may:

- send a note, fax or email to the school
- telephone the school, or
- visit the school.

Arriving at school and class on time:

Principals ensure that the New South Wales Department of Education and Training may prosecute parents (including carers) if children of compulsory school age have recurring numbers of unjustified absences from school.

Why is regular attendance at school important?

Regular school attendance will help your child to succeed in later life. Attending school every day makes learning easier for your child and helps children to build and maintain friendships with other children. If your child doesn’t learn the basic skills in the early years of school, they may develop learning problems in later years.

Why is regular attendance at school important?

Arriving at school on time important?

Arriving at school on time is a condition of enrolment that you send your child to school every day. A small number of absences may be justified if your child:

- has to go to a special religious ceremony
- is required to attend a serious and/or urgent family situation (e.g. a funeral)
- is too sick to go to school or has an infectious illness.

Head lice infestations can be a common occurrence, particularly in primary schools. Parents should check their child’s hair regularly for head lice and undertake treatment where eggs or lice are identified. Translated information about head lice and how to treat them can be found at https://www.det.nsw.edu.au/lanugagesupport/documents/headlice/infosheet.htm. Advice from NSW Health indicates that there is no need for students to be sent home or excluded from school because of head lice. Head lice is not a valid reason for prolonged absences from school.

What should I do if my child has to stay away from school?

If your child has to be absent from school, it is important to tell the school and provide a reason for your child’s absence. To explain an absence parents and carers may:

- send a note, fax or email to the school
- telephone the school, or
- visit the school.

All absences must be explained to the school. Bilingual absentee notes and further information on attendance can be found on the Department’s website under the heading School Attendance (School Attendance) at https://www.det.nsw.edu.au/lanugagesupport/documents/index_s.htm.

The principal of the school has the right to question parents’ or carers’ requests for their child to be absent from school. The principal may also question any explanation given for a child’s absence from school.

My child won’t go to school. What should I do?

You should contact the Principal as soon as possible to discuss the issue and ask for help. The Principal may seek support from a Home School Liaison Officer or Aboriginal Student Liaison Officer.

Who are home school liaison officers and Aboriginal student liaison officers?

Home School Liaison Officers and Aboriginal Student Liaison Officers have been specially trained to help you with your child’s attendance. They work with school communities to encourage all students to attend school regularly. For further information about the Home School Liaison Program you should contact the program manager at your local Department of Education and Communities regional office.

Contact numbers can be found at the website address: www.det.nsw.edu.au/contactus/index.htm or by telephoning 131 536.

Do you need an interpreter?

Interpreting services are provided wherever possible for parents and carers who do not speak or understand English well and for Deaf parents and carers who use sign language. For more information on interpreter services contact your school or phone the Telephone Interpreter Service and have them contact the school.

The telephone number to ring is 131 450. Ask for an interpreter in the required language and the interpreter will call the school and stay on the line to assist you with your conversation. You will not be charged for this service.
REMINDERS for families

CHANGE OF CONTACT DETAILS: Please ensure that if your address or phone number has been changed the school administration is informed. A Change of Contact Details Form can be collected from Office A.

EXCURSIONS: The school is more than happy for students to pay overnight excursions off across the year as long as a $50 deposit is paid prior to departure. One day excursions must be paid in full before departure.

NEWSLETTER BY EMAIL: All families will receive an SMS when the newsletter is available on the webpage. This comes out each month and issue dates are on the calendar on the website. The newsletter is emailed to all students as well. If you wish to have a hard copy your student must collect this from Office A.

SCHOOL CALENDAR: Please check the student calendar on the school website for excursion dates, upcoming events, and rehearsal times: www.canterburg-h.schools.nsw.edu.au

PARENTS AND CITIZENS ASSOCIATION

2013 Executive:
President: Karin Badart
V-President: Ian Flowers, Anne Vermeech
Secretary: Mailin Schuting
Assistant Secretary: Jo Schofield
Treasurer: Michael Clarke
Assistant Treasurer: Karen Goes

2013 Dates: 4th Wednesday of the month.
Cantabrian Hall, entry via Church St.
Term 1: 27th March
Term 2: 22nd May, 26th June
Term 3: 31st July, 28th August
Term 4: 23rd October, 27th November

Sustainable Schools – Pack a Waste-Free Lunch

A waste-free lunch means that you have no packaging to throw away when you’ve finished eating - nothing other than apple cores and fruit skins, which can always be composted. The best way to reduce garbage is to not create it.

Five simple ways to pack a Waste-Free Lunch:

1. REUSABLE carrier (cloth bag, lunchbox)
   NO throw-away bags
2. REUSABLE containers
   NO plastic wrap, foil or styrofoam
3. WATER BOTTLE for drinks
   NO single-use cartons or cans
4. CLOTH NAPKIN to wash and re-use
   NO paper napkins
5. CUTLERY to wash and re-use
   NO plastic forks and spoons

You can also reduce waste by not buying excessively packaged food products and reduce ‘food travel miles’ by buying products that are grown locally, perhaps you might like to try starting your own vegie garden. Take action for sustainability.