CONGRATULATIONS TO:

- School Captain Chloe Smith, who had a great letter in the Sydney Morning Herald this week - it is reprinted on page 2.
- Millie Phelan and Michelle Flowers, Yr 11, both students will have pieces published at the upcoming Sydney Writers Festival in Westside Volume 3, Deep Suburbia.
- All students who received recognition for academic excellence at the recent Annual Academic Achievement Assembly.
- Students who have been selected in NSW Performing Arts Ensembles: Helen Eade, Year 12 NSW Senior Singers
  Aoi Hallam, Year 9 NSW Wind Ensemble
  Javiera Scarratt, Year 7 NSW String Ensemble
  Jamile Kibby, Year 7 NSW Junior Singers.
- All students who participated with so much spirit in the swimming carnival.

Age swimming champions
12 years Jenny Nguyen
13 years Ellie Cott
14 years Katelyn Power
15 years Jeanine Brekenridge
16 years Rosie Schofield
17 years Courtney Mahoney

House Points
1st Canberra 2nd Darwin
3rd Adelaide 4th Brisbane

- Melanie Siotis Year 12, 2010 whose HSC artwork, "Art Rules", has recently been on exhibition at Hazelhurst Regional Art Gallery.
- Rayane Hasna, Oriel Parfenow, Yr 8, Manasik Siddig, Alicia Ottogalli Yr 10, and Nola Harris Yr 11 who have all been selected in the Zone Soccer team.

PARENT INFORMATION UPDATES

- School Canteen- An updated 2011 menu is included in this newsletter. This also appears on the web site.
- Years 7-10- A summary of Curriculum Topics and Student Assessment for 2011 will be available on the web site this week.
- Years 10, 11, 12– 2011 Assessment Policy and tasks are on the web site.
- SKELIG- our school play for term 2 – see flyer enclosed.

STAFF UPDATE

We will welcome Ms Robin Graeme-Holder as a new counsellor in term 2. Ms Wisnieswski has accepted a promotion and finishes at the end of this term.
We also welcome Ms Sylvia Kwon who joins us to take over Korean classes in year 7 & 10.

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1. Congratulations
2. Letters to SMH, IWD
3. News from France
4. Zone swimming & Yr 9 History
5. Clean Up Australia, Yr 9 Laptops
6. Year 7 Camp
7. Ted Noffs, My School
8. Police Talks, Canterbury pool Consultation
9. Parent Teacher Nights & IIIs of Bottled Water
10. Clean Up Australia Day
11. P&C, Reminders
12 Word of Maths Day

INSERTS
SKELIG
Book your tickets now
School Canteen Menu
Chloe Smith, year 12 student, had the following letter published in the Sydney Morning Herald.

**Determined to prove you wrong**

I am outraged by Greg Boston's endorsement of the King's School headmaster, Tim Hawkes, who says that his private school students cost more because they "do more" than public students and Boston's comments that public school students are "content to do less both in school and in life" (Letters, March 7).

As a proud public school student about to embark on her HSC, I have participated in numerous events in the dramatic arts, music, leadership, debating, public speaking and community service and intend to gain a place in university next year.

I have not been "content" to do less in school and life. On the contrary, I have made every effort to do my best in a variety of areas and gain the most rewarding experiences from my school life. And I am not the only one. Many have done the same during their public education. The insinuation that public school students achieve less overall in life and that society should not bother investing in our futures is ignorant. It only makes us more determined to succeed.

Chloe Smith Ashfield 8.3.11

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**International Women’s Day**

Tuesday the 8th of March was the 100th International Women’s Day and, to celebrate the importance of the past and raise awareness for the future, the Co-Captains and Prefects organised a special assembly and fund-raiser for the school. We selected an organization called the Girl Effect to donate money to, in order to help underprivileged girls be educated, provide for their family and become leaders of their community. We also showed some videos illustrating the plight of girls around the world and the importance of investing in their future prospects.

International Women’s Day is about recognizing the power that girls have to change the world, to solve poverty, educate thousands, contribute to families and communities and take a stand on the global stage. It is important to realise that even a few dollars can make a much-needed contribution to changing plight of girls and achieving these goals.

From the donations that were given by the many compassionate students of CGHS (special mention to Lili Mahendran of year 12 who donated $40) the prefect body managed to raise $400. This money will go towards the following causes supported by Girl Effect:

- **$100**- Empowering and training 15 girls in Kibera about HIV/AIDS
- **$100**- Help pay 3 girls in Ethiopia to participate in the Behane Hewan project for one year and buy a sheep to provide an economic incentive to families to keep girls in school
- **$100**- Educate five adolescent girls in Bangladesh to be Club leaders
- **$100**- Empowering 15 Girls in Bangladesh with essential knowledge and information.

One girl who is exposed to education can in turn educate her family, for generations to come. Statistics show that an extra year of primary school boosts girls eventual wages
by 10 to 20 percent. An extra year of secondary school: 15 to 25 percent. When women and girls earn income, they reinvest 90 percent of it into their families, as compared to only 30 percent for a man. It's called the Girl Effect.

Multiply that by 600 million girls in the developing world, and you've just changed the course of history. Invest in a girl and she will do the rest.

The Prefect Body 11/03/11

UPDATE FROM LULU LUCAS, YEAR 10 ON EXCHANGE IN FRANCE

15.2.11

Bonjour Miss Holden!
You're probably heading off to school now, I'm about to go to bed! Thought I'd email you and tell you a little about how I'm going in France and what school is like here.

Lulu at La Rochelle last weekend

Firstly, it's freezing! I've been in touch with my family and friends and heard about the mass heat-wave you had last week, everyone here is very jealous even though I keep telling them 40 degrees is really quite uncomfortable. It's starting to get warmer though, reaching 13 degrees sometimes! It's really beautiful when the sun's out, as I'm sort-of situated in farm land, and it's very green and there are lots of trees. My petit town has 1000 habitants and my school has about 250 students! Very, very small. There are 39 people in my year all together, and I'm PRETTY sure I'm in a year 9 class but I still haven't quite worked it out. Some people are only just turning 14 whereas others are 15.

The classes I take are French, English, Latin, Spanish, maths, history/geog, PE (it's only physical, no theory!), physics/chemistry, S.V.T (which is biology, I think...), technology, art and music. I'm in the school choir, and apart from that, there are no other school groups to join! So as you can see I take a lot of language subjects, which can be quite tricky as I still can't understand French too well. I'm acing English though! It's obviously easy for me and it's funny to hear the other kids learning and speaking English ("I hasn't gone to the shopping because I is too hot"). There are 3 other kids who speak English at the school, all siblings from England who have been living here for 6 years. But none are in my class so they can't really help me.

I've made some really good friends, and my host sister is in all my classes, but my goodness school here is so dull! And seeing as it's such a long day (8-5) I'm exhausted at the end of the day. Sometimes one class will go for 3 hours!

The French are very old fashioned in their teaching, I think we've had one class discussion and that might have been in a presentation. There's a lot of dictation, and so many rules! I know we have rules at Canterbury as well, but it definitely feels like we have more freedom there. Not just to move around and be allowed phones in the playground, but being able to speak and have an opinion and discuss things. I much prefer the teaching in Australia, but it's interesting to be at school here anyway. I'm missing drama though, and debating!

My history teacher is very fond of me and is always asking about Australia and trying to link what he's teaching to things that I know. I've given him a little book called 'Australia in brief' and another about the Australian
Constitution which Anthony Albanese gave me before I left.
My school has no more than 2 teachers per subject and they're all very young. When I say young I mean average age being 30.

I'm going on a ski trip in March which is tres exciting and in the Alps right near the Italian border! Oooooo!

My host family are great, and I've bonded with them all and feel before comfortable here in the house. Our holidays start on Saturday for 2 weeks so I'll hopefully get around to a few other towns and do some sightseeing!
Hope you are well and all's well at Canterbury.

Au revoir! Lulu Lucas

ZONE SWIMMING CARNIVAL
On Monday 28th February and Friday 4th March a selection of girls competed at the zone swimming carnival. There was some great swimming over the two days and our students showed great determination and competitiveness.

A special congratulation goes to Jenny Nguyen in 7A who has successfully advanced to the regional swimming carnival at the Sydney Olympic Aquatic centre, Homebush. She will be competing in the 100m butterfly, 100m breaststroke and 100m freestyle on Monday 14th March. Congratulations and good luck!

YEAR 9 HISTORY EXCURSION
"Visiting Beular Vista was really interesting. The first thing we did was go to St Pauls church. The church had beautiful stained glass windows. While in the church we looked at the death register which was as old as the church (1860). It was sad to see that many children and babies had died. We visited the cemetery. I enjoyed looking at the tombstone designs. There were designs ranging from an anchor to flowers to a book, it was all very detailed. We then moved on to the actual house, Beulah Vista. We inspected some of the tools and household items which were used 110 years ago and toured the house inside which was built in 1888. There were many different artefacts on show. My favourite was the gorgeous fireplace. Sadly we then had to leave. I thoroughly enjoyed our excursion."

Madeline Adams 9E

"The Beulah vista excursion was an educational, yet enjoyable experience. The teachers carefully and cautiously walked across to the sandstone church, graveyard, and Beulah Vista. Everyone enjoyed the experience of learning about Canterbury's past.

Jessica Mackenzie Year 9 history
"I love graveyards. They always fascinated me. So when Ms Golfinopoulos told us we were going to the church I was blown out of my socks! It was a fascinating excursion and I learnt a lot"

Susan Su

"It was an impressive and spectacular 1 hour excursion, which taught us a lot. Apart from this, just finding out about the history of Canterbury was an engaging and delightful experience."

Katty Qiu

ZONTA IWD

On Tuesday morning the 8th of March, each of us awoke early and made our way to the Zonta Breakfast, at the Greyhound Social Club, at Yagoona. Once there we celebrated the 100th International Women's Day, over breakfast. All types of people were represented at the breakfast. We were inspired by guest member, Dorothy Kallari, who spoke about opportunities for young women in less traditional fields and her own personal achievement of becoming a senior engineer at NSW RAIL CORP. We had the wonderful experience of meeting and mixing with new people and we also enjoyed a yummy breakfast!
We were extremely proud to be part of an association dedicated to advancing the status of women and on the day we were girls definitely meeting the challenge!

Kerry Buckland using her sketchbook and Savannah Talib using her laptop

CGHS Swimming Carnival in Action

Year 9 Textiles Class are using their new laptops to design “Sea and Sand” themed cushions

2011 DIGITAL EDUCATION REVOLUTION (DER)-NSW TEACHER, STUDENT AND PARENT SURVEY

The DER survey is part of an evaluation in collaboration with the University of Wollongong in an effort to determine how the DER-NSW program may impact on education across the state. The evaluation is intended to take place over 3 years (2010-2012). The Evaluation Report on the baseline data gathered in 2010 is on the DER website.

The second stage of this study has begun with online surveys being sent in March to Year 10 students and all teachers. Parents will be invited to participate in the survey this year, information will be provided to students in the near future.
Year 7 Camp 2011

Ode to Camp 2011
Camp was exciting
And very inviting!
Raft building by the pool,
We thought it was cool.
We enjoyed kayaking along the river,
But the big jelly fish gave us a shiver!
The cookout was complicated,
But we were dedicated.
The giant swing was scary and high,
Some people thought that they were going
to die.
Archery seemed so dangerous,
But we were all tremendous.
We had free time and games at night,
The diamond skinned snake sure gave us a
fright!
We were so lucky and made new friends,
These we will keep till the very end!

By Melissa Reid & Carolina Escobar
TED NOFFS

In 2011 the Ted Noffs Alcohol and Other Drugs counsellor is again **Tahnee Schulz**. Tahnee is in the school on Friday mornings, working out of the counsellor’s office located in the library. The service offers individual and group counselling, information sessions and skills training groups.

Tahnee works with young people who:

- are experiencing issues related to their own alcohol and other drug use
- are concerned about their friends and/or families alcohol and other drug use
- are just curious about drug(s) and/or alcohol and want information.

All sessions are confidential, which is explained to young people upon first meeting them. This includes explanation of the limits of confidentiality in relation to mandatory reporting requirements.

Referral to see Tahnee’s services can be made several ways. You can speak to her directly on Friday mornings during Recess in the library in the school counsellor’s office, or speak to your Year Adviser or another trusted teacher about passing a referral on. You can also leave a message with Office A who will place it in her pigeon hole.

Tahnee is in the school each Friday morning from 9.00am – 12.00pm, and available to see students individually or as a group (no more than 4 at a time). If you have any further enquiries or questions don’t hesitate to contact her.

**Tahnee Schulz**  
**Alcohol and Other Drugs Counsellor**  
**Ted Noffs Foundation**

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**My School**

*On 4 March 2011, the Australian Curriculum, Assessment and Reporting Authority (ACARA) launched the My School 2.0 website*

The website provides profiles on each school, including ours, and includes information about the school such as numbers of students and staff, attendance rates and results from the national literacy and numeracy tests. For the first time, the website now also includes information about school finances and student gain in NAPLAN.

The website shows comparisons between our school’s NAPLAN results and those from schools serving students from statistically similar backgrounds across Australia – we can see how our school is performing against other schools with statistically similar students. From this, we can see in what areas our school is doing well and where we need to look to make improvements. The website also now shows student gain information, so that we can acknowledge how our students have progressed over time. Financial information for our school is also shown, with 2010 recurrent income and capital expenditure displayed broken down by source of funding.

There is a lot of information contained on the website, and we encourage parents, carers and other interested members of the school community to view the website. If you have any questions you can go directly to the ACARA information desk (at 1300 895 563), or please contact the school.

[www.myschool.edu.au](http://www.myschool.edu.au)
Police Talks for Year Groups

As part of the school's continuing efforts to maximise student safety, the school has arranged for the newly appointed Police Youth Liaison Officer to speak to each Year Group. The focus for the talks will be safe travelling to and from school, preventing violence and positive bystander behaviours.

The Police Youth Officer is based at Ashfield Police Station and works in partnership with the school to promote student safety, and address matters relating to safety and security. Despite a visible police presence, Canterbury Station remains an area of concern, especially in the period after school each day. It is critical that students take every precaution to ensure their safety, both in terms of the high traffic flow surrounding the station, and the mix of students from other schools frequenting the station. Students are asked not to loiter at the station or surrounding streets, especially Broughton Street, and to proceed directly home of an afternoon. It is also requested that students take one of the buses that depart from outside the school in the afternoon rather than the station where this is viable.

Any incident compromising student safety when travelling to and from school should be reported to the Deputy Principal for immediate follow up. Serious incidents, including those involving violence, threats and theft, should be reported to Ashfield Police for investigation. Only when incidents are reported to the school and police can they be properly addressed.

If you have any issues or questions regarding student safety, please contact Andrew Anderson, Deputy Principal, on 9718 1805.

Andrew Anderson
Deputy Principal
Parent Teacher Nights 2011

Parent-Teacher Nights are the key vehicle within the school for distributing student reports, and for facilitating communication between students, their parents and teachers. All Nights are held on a Tuesday from 3.30pm until 6.30pm in the MPC, and all parents / caregivers are encouraged to attend.

Dates for Parent-Teacher Nights in 2011 are as follows:

1. April 5 – Years 7, 11 and 12
2. June 28 - Years 8, 9 & 10
3. July 26 - Years 7, 11 & 12

In addition, Year 10 Subject Selection Evening this year will be held on Wednesday 22 June from 6.00-7.30pm in the Cantabrian Hall.

Information concerning the April 5 Parent-Teacher Night will be provided to parents shortly. Parents are reminded that if they have concerns regarding their daughter’s progress at any time, they are welcome to contact their daughter’s Year Adviser or Deputy Principal and request a student progress report.

If you have any questions or issues relating to parent-Teacher Nights, please contact Andrew Anderson by telephone on 9718 1805 or by email at andrew.anderson@det.nsw.edu.au.

Andrew Anderson
Deputy Principal

Sustainable Schools

Waste in a bottle – reasons not to buy bottled water
Before you buy that next bottle of water consider the following:

• Bottled water uses energy and resources to create packaging for something that runs cheaply and cleanly from taps at home and school
• Not only is it expensive and energy demanding to make bottles, but to transport the bottled water costs more money and isn’t eco-friendly
• Most used bottles end up as litter, land fill or pollution in our waterways rather than being reused or recycled
• Many bottled waters are as expensive as soft drinks and fresh fruit juices
• The NSW Department of Environment and Climate Change estimates that 200ml of oil is used to produce, package, transport and refrigerate each litre bottle of bottled water. As a result, at least 50 million litres of oil is used in the manufacture and distribution of bottled water in Australia every year. As a result, bottled water has a higher carbon footprint that is more than 300 times greater per litre than tap water.
• Australia’s annual consumption of bottled water is about 540 million litres. To sell this much bottled water the industry uses approximately 1 billion litres of water each year. In environmental terms the production and distribution of this volume of bottled water created more than 60,000 tonnes of greenhouse gas emissions, equivalent to the emissions 13,000 cars generate in one year.
• Yet bottled water costs 500 times more than the water readily available from municipally provided taps. In many cases, it is, in fact, the same water. Many millions of litres of bottled water sold in Australia are sourced from municipal water. Nor is bottled water necessarily any safer. In Australia bacteria, chemical disinfectants
and aluminium have been found in bottled water samples. In blind taste tests around the world drinkers cannot accurately identify bottled water from tap water.

• In summary, bottled water is an outrageously expensive beverage that provides no health benefits over tap water, yet it greatly contributes to greenhouse gas emissions, precious water resource extraction and creates a huge solid waste problem.

ATTENTION: Year 10 and 12 parents
School Certificate and HSC Special Provisions
Any student who feels she is eligible for special provisions for the School Certificate or the Higher School Certificate, please see Mrs O’Sullivan as soon as possible.
Special provisions allow students to, access extra time or a reader or a writer for their examinations.
Special provisions are granted by the Board of Studies.
If a medical, learning or emotional difficulty has been instrumental in harming the students learning programme then an application should be made, once the student has seen Mrs O’Sullivan to confirm eligibility.
Mrs O’Sullivan - Learning Support

CLEAN UP AUSTRALIA DAY AT CANTERBURY

Our environment is every human’s home; therefore it is our responsibility to take care of our environment. Green Dear girls of Canterbury Girls participated in Clean Up Australia Day on the 7th March 2011. We took responsibility on behalf of the whole school to clean up our environment. The school premises was our site for cleaning and we were proud to see the end result of a clean school ground, oval, basket ball courts, hockey field, quad and the surroundings of school. The girls were very enthusiastic and this was an excellent opportunity to demonstrate our role in keeping the environment clean and healthy.
Noha El-Sankari - on behalf of Green DEAR
2011 P & C MEETING DATES  
Held in the Cantabrian Hall  
at 7:30 p.m.  
(entry is via Church Street)

23 February  
23 March **A.G.M at 7:00pm**  
followed by General Meeting at 7:30pm

25 May  
22 June  
27 July  
24 August  
26 October  
24 November

**ANNUAL GENERAL MEETING**  
**Positions Vacant**  
President  
Vice President  
Secretary  
Assistant Secretary  
Treasurer  
Assistant Treasurer

**REMINDERS**  
**Fees and Excursions**  
Thank you to all families who have begun paying fees. Invoices have been mailed.  
The school is more than happy for students to pay overnight excursions off across the year as long as a $50 deposit is paid prior to departure. One day excursions must be paid in full before departure.  
**Change of Contact Details**  
Please ensure that if address or phone number has been changed school administration is informed. A Change of Contact Details Form can be collected from Office A.  
**Newsletter by email**  
Please email the school canterburg-h.school@det.nsw.edu.au and confirm your email address to receive the newsletter by email instead of snail mail.  
**School Calendar**  
Please check the student calendar on the school website for excursion dates, upcoming events, rehearsal times

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- Quality assured  
- 30 years experience  
- References available  
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**Canterbury Physiotherapy**  
**And Sports Injury Centre**

**Elaine Healy**  
M.A.P.A Physiotherapist

129 Canterbury Road Tel (02) 9787 3821  
Canterbury NSW 2193 Fax (02) 9787 1833
WORLD MATHS DAY 2011

On March 1st 2011 Canterbury Girls’ High students from Years 9 to Year 11 joined in the fun of creating a new World Record by competing in the World Maths Day competition. This year 5.3 million students from 218 countries competed against each other. World Maths Day is an online game which students play at home or at school, against other students from around the world, in real time games of mental arithmetic. Each game lasts for 60 seconds and students can play up to 100 games, earning points for their personal tally. The students who answer the most questions correctly appear in the School Hall of Fame.

CGHS **Top Scorers** for 2011 are Alexandra Gal (Year 9), An Nguyen (Year 10), Jasmine Hare and Amber Cuomo (Year 11).

Congratulations to these girls and to all students who participated in the competition. Students are looking forward to competing again next year.

**Maths Faculty**

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