Congratulations to:-
- Green DEAR who through direct action reduced consumption of electricity by **29.8%** over a two week period, resulting in a reduction in greenhouse gas emissions (CO2) of **9064.0 kgs**. This is **$1559.40** reduction in the cost of electricity.
- Year 7 and 9 students for some fantastic NAPLAN results.
- Andreia Passos, Year 12, whose Drama video has been shortlisted for Writers OnSTAGE OnSCREEN.
- Isatah Bangura, Year 7, who has spent the last 2 weeks performing with an elite Dance troupe at ‘Frolic’, a Youth Arts Festival In Melbourne.
- Our 33 School Spectacular performers and staff who were part of the 3500 student extravaganza last weekend at the Entertainment Centre. A great show - on Sun 13 Dec, 7:30pm.
- Ms Gifford, Ms Neves and Ms Flannery who have just finished running a wonderful five week Enrichment program for 70 Year 5 students. The work done here was a brilliant example of team work and exceptional teaching.
- Year 10 students who have brought much credit to themselves and the school for their wonderful efforts at Work experience.

Thank you to:-
- Ms Matos, for organising a wonderful careers simulation Be Real Game for Year 10.
- Ms Slattery and the ESL staff for the fantastic Bridging course, which 28 Year 10’s have just completed - allowing them time to improve their speaking, writing and reading of English in preparation for Year 11 study.
- Ms Manton for co-ordinating the completion of ALL MY OWN WORK for Year 10.
- The PE staff for the engaging Crossroad program for Year 10 as well as the highly successful swim school for Years 7 and 8.

Bridging communities … and the Value of high quality local schools….

Schools are not just places where students attend each day to learn and pass exams. Schools help transmit the values we regard as being important. Schools are even more than that; along with our families they are the foundation stones in the building of our social life, our communities and our Australian democracy.

Everyone knows that Australia is a multicultural society. Our growth and success has been essentially created by people of many cultures. In some countries having such a diverse mix of people is an ingredient for trouble. For the most part we have avoided that in Australia - our national unity is envied by many countries in the world.

We have to ask why Australia has largely escaped the cross-cultural frictions which have plagued countries in Europe, Africa and even the Americas. By contrast we have worked hard to absorb many different people into an Australian identity. One of the chief agents doing this has been our public schools which bring together and provide a common experience for people of every culture and background. The wonder of the local community working together for the betterment of our children’s future is something we witness each day.

Thank you to all members of our local area and community who continue to work together to ensure that our school is not only about acquiring facts, skills and capacities that allow our young women to make sense of the world and make their way in it, but that together we strive for more: equipping our girls to live well, to inspire their passion, to nurture their curiosity, to support their desire to contribute and to develop their talent for fulfilment and happiness. Thank you to our students who every day show in bountiful ways their commitment to honesty, integrity and excellence; to diversity and tolerance, celebration of each others achievements and respect for each other.

2009 has been another year of success for students, this is worth celebration.


Four brand new Science Labs have been finished.
Mission NOT impossible – Yr 11 Camp 09

Listen listen, on Monday the 9th the AWESOME year 11 group departed on a trip to Stanwell Tops. Our aim was to survive on the gruelling, hot bus and some brave soldiers volunteered to sit on the floor. On our arrival we were greeted by the friendly staff of Stanwell Tops and served morning tea, as a nice treat. After we explored the venue and took millions of photos for Facebook, Mrs Kaur, Mrs Michos and Mrs Love had the hair pulling experience of keeping us together and quiet whilst handing out the codes for our cabins. After entering and trashing our rooms with our belongings the Stanwell Tops staff asked Komals group to serve lunch, with Chloe serving the sausages, Lindsay serving the rissoles, Komal who had the important role of serving the bread rolls and lastly Mayada who made a scene by handing out all the vegetarian food to the meat eaters. Lunch was hoed down in minutes.

We then excitably sprinted to our next destination, which was our activities that consisted of The High Ropes, Mission Impossible and the death sentence = The Leap of Faith, and then we split into three groups. Mission Impossible both needed mental and physical strength; some people got attacked by small blood sucking leeches, whilst Sarah fell over a log. For the High Ropes a lot of upper body strength was needed, a very fun yet scary experience.

The Leap Of Faith was the most mind-drilling activity. You had to climb up a pole and trust your friends to keep you up, safe and most importantly DON’T LOOK DOWN!! Which Elouise unfortunately did and fell to her DOOOOM!!!

Year 11 at Stanwell Tops

After everyone finished their activities we went to our cabins to get spiced up for dinner, Talent Quest (belly dancing, Circus act, Indian Dance, Hip hop dancing, Thriller dance), Singstar and some fun night of dance fever, a lot of prizes were handed out for best singers and best dancers.

Mrs Michos and Mrs Kaur boogied down with the crazy yr 11 girls; it was our own miniature rave. The party stopped at 9.30pm well at least that’s what they thought. We all went back to our cabins doing our own thing. The loudest pumping music was coming from Sina’s group and Jasmine’s group was running amok. For other people the night didn’t end, watching the sunrise or just lying there.

The next day after eating our yummy breakfast, people were really tired but we still had to, clean up our cabins, which had clothes everywhere and drink etc, but we made sure it was squeaky clean. We went to finish off the rest of our activities and came back to relax or run around. When the bus unfortunately arrived people raced to get the back seats of the bus. The bus ride was full of sleepy heads, or crazy people who wouldn’t stop singing the whole way back. The Camp sadly came to an end, but everyone had a ball, you could say that we found our sense of belonging there.

P.S as Mrs Michos said ‘What happens at camp, stays at camp’

On behalf of the year 11 group we would like to thank Mrs Kaur, Mrs Michos and Mrs Love for organising, dedicating their personal time for our enjoyment and wellbeing. This has been a great learning experience both going to camp and writing this article. For some it was the first, last and best camp EVER!!

by: Elouise Dimech and Komal Prasad
2009 has been a very successful sporting year at Canterbury Girls High. Over 100 of our students competed in 10 different Knockout sports this year with varying degrees of success. All had fun and were very competitive in their round games. It was great to see our school so well represented in this regional competition. We also competed in the NSW Regional FUTSAL Championships, narrowly missing out on an invitation to the State Championships. Canterbury Girls High also sends teams to St. George Zone Swimming, Cross Country and Athletics carnivals. We always provide our rival schools with healthy competition at these carnivals. This year Lydia Maiva and Lauren Cazar were both recognised at the St George Zone annual presentation day for their outstanding performance at zone athletics, both receiving ‘Runner Up Age Champions for Athletics’ for their respective age groups which is a wonderful achievement.

On the soccer field, Mary Vlachos, Christina Schwartz and Antonia Pilios were all selected to represent St. George Zone in the girl’s football team with Mary also being selected to shadow for the Sydney East Regional team. Canterbury Girls also had a fantastic Grade competition this year both in Summer and Winter, with our girls supplying a lot of the competition for this year. With over 350 students participating in grade sport, it is a great way for our students to play in a whole range of competitive sports. Our Winter Grade competition – by far the most popular at Canterbury Girls – saw us take out three premierships. We won 1st Grade Netball, retaining the shield and 1st Grade Winter Volleyball, picking up a much contested zone title. Our talent in Volleyball runs deep with our 2nd Grade Volleyball also winning their competition. Congratulations to both students and their coaches. Our Summer Grade competition also finished on a good note with the 15’s Oz Tag winning their competition and showing excellent sportsmanship throughout their undefeated season. The 15’s softball team also won their competition through sheer persistence and drive. Well done to all involved.

Overall, a great sporting year at Canterbury Girls and looking forward to an even more successful 2010.

J Delmas, Sports Organisor

Six secondary schools across Sydney Region have been invited to participate in Sydney Region’s Student Action Teams project. The six schools are: Canterbury Boys High School, Canterbury Girls High School, Conservatorium High School, Dulwich High School of Visual Arts and Design, James Cook Boys High School and Kogarah High School.

Each school will form a Student Action Team (SAT). A SAT is a group of students who form and tackle a school or community issue to improve the quality of school or community life. The team identifies relevant issues and then takes action on an issue of importance to the school or wider community.

The SAT approach mandates that although the general focus of the project relates to enhancing student engagement with schooling, the precise focus of each school project must be determined by the participating student leaders in conjunction with supporting staff.

On Friday 30 October, a professional learning day was held for project teachers from participating schools and facilitated by Roger Holdsworth, Research Associate, Education, Melbourne University. Andrew Anderson and Jana Mawassi attended on behalf of Canterbury Girls High School and will be coordinating the project throughout 2010.

Students to lead the project are currently being identified amongst the school’s Year 8 cohort, with a view to them commencing project planning early in the new school year. If you would like further information about the Student Action Team project, please contact Andrew Anderson or Jana Mawassi by telephone on 9718 1805.

Lucy Panucci, Year 9 with her family and LEAPS lawyer at Graduation
Congratulations to the following Year 12 achievers who were acknowledged for their completion of a Bronze award at their final assembly. The award is for students who meet criteria in either Academic Achievement; participation in Sports Carnivals; Representative Sport; are a School Representative in a range of areas; are part of School Leadership; participate in School Based and Enrichment/Extension Activities and Community and School Service.


**LAST DAY OF SCHOOL FOR 2009 is WEDNESDAY 16 DECEMBER** and food will be available at the Canteen until that date.

As summer approaches, dance has been heating up!!!! With wild enthusiasm for dance as a subject at Canterbury Girls High School, we have seen exciting performance from the seasonal dance professional students of the auditioned ensembles; with the first ever successful Dance Day, to representation at the Sydney Regional Dance Festival, to specially requested Opera House performances collaborated with Canterbury Girls High School choir, through to Homebush States Sports Centre Hip-Hop competition ’Bring It On!’ and to the extravaganza of the School Spectacular 2009 at Sydney Entertainment Centre. From the dance teachers of the Canterbury Girl’s High School Dance Ensembles we want to congratulate and express how proud we are of them for their dedication, enthusiasm and excellent dance skills over the year. Remember dance is a creative outlet to be enjoyed and practiced and “always dance like nobody is watching”.

**Ms Boshell**

***CGHS School Spectacular Dancers performing at the Entertainment centre***

**2010 Important Dates**

SCHOOL CALENDAR is available on the school web site and it is updated regularly – please refer to this for the latest 2010 dates for all school events.
"100"

Congratulations to these students who were successful in auditioning for roles in the 2010 production of the play "100" which will be performed at Ashfield Boys High School.

Chloe Smith - The Guide
Gemmi Nguyen - Sophie
Lulu Lucas – Nia
Rosie Schofield – Chorus
Kimberley DeVisser – Chorus

It is to their credit that they were selected to fill five of the nine available roles. Rehearsals will begin in Term 1 with the production scheduled for the end of Term 2 2010. Information regarding times and tickets will be available in Term 1.

A major new initiative for CAPA was the formation of the CGHS Percussion Ensemble. This involves talented students from years 7 and 8 rehearsing Monday lunch times on a wide range of percussion instruments. We are really lucky to have parent and passionate percussionist, Craig Forbes, who brings a unique perspective to the program. The girls are currently working on a piece that combines traditional percussion instruments with drum stick work on classroom furniture!! New members are always welcome!!

Louise Flannery

The CGHS concert band continues to grow and develop with each performance. This term has been filled with many performances, both with and without our partner band from Ashfield Boys High School, including performances at the CHPRSL Club Community Celebration Day (our main sponsor), Summer Hill fete, Canterbury Public School and a Christmas concert at Cardinal Freeman Nursing Home in Ashfield. We would like to thank all parents for their support for the band this year. We are always looking for new band members.

Steve Wilkins

CGHS Band performing with ABHS band at the Summer Hill Fete in November

Kristie Vranjkovic prepares Barbara Nogo’s hair as they wait in the wings with other Canterbury Girls High dancers at the Schools Spectacular.
This term Year 7 have been developing their writing skills through the new Paragraph Power Program. The most critical writing skill is the ability to organise information and ideas into clearly structured paragraphs. Staff in English, History, Science, Mathematics and TAS have worked with the literacy team to identify the key purposes for writing in their Year 7 program and then provided students with strategies to write paragraphs appropriate for their subject.

Students have co-operated well with the program and Paragraph Power will continue in 2010, to include all subject areas. Please support your daughter by asking to see her writing when you have the opportunity.

White Ribbon Foundation Forum
Sydney region is currently working with the White Ribbon Foundation of Australia to help promote the message that violence of any kind against women is not acceptable. The foundation aims to eliminate violence against women by promoting culture-change around the issue. The major strategies used by the foundation to achieve this are a national media campaign as well as education and male leadership programs aimed at men and boys around Australia.

On Monday 16 November, a student forum was held at Canterbury Hurstville Park RSL to heighten student awareness about this issue and to obtain student input regarding appropriate strategies to use with young people in preventing violence against women. An education officer from the White Ribbon Foundation of Australia facilitated this forum. Priscilla Taumalolo Year 11, Nancy Tran Year 11, Gaby Noun, Year 9 and Helen Wang Year 9 represented the school at the forum and did a most creditable job at illuminating the views of girls and young women in relation to this important issue.

The school would welcome further opportunities to have input into this important issue in the future.

Further information about the White Ribbon Foundation of Australia may be obtained at the foundation’s website, http://www.whiteribbonday.org.au.

Bullying Survey
Bullying is a serious issue which can impact student performance and participation at school. Canterbury Girls High School takes the issue of bullying extremely seriously and takes action in all reported cases of bullying.

Recently, Years 7, 8, 9 and 11 were distributed with copies of the school’s Anti-bullying Plan and reminded about procedures for reporting bullying. In addition, students were asked to complete a bullying survey in which they were required to provide information regarding how safe they felt at school, their experiences with bullying and related issues. Surveys will be collated and the results used to inform the school as to its effectiveness in addressing the issue of bullying.

Students will again complete the survey in Term 4 2010 to assist the school to evaluate the effectiveness of its Anti-bullying Plan. Interviews with focus groups from each year will also form part of the evaluation process.

Years 7 and 11 will be issued with their copies of the Plan at the start of the 2010 school year.

A reminder that a copy of the Anti-bullying Plan is available for parents and community members to access on the school’s website, www.Canterburg-h.Schools.nsw.edu.au

Please contact Andrew Anderson, Deputy Principal, by telephone on 9718 1805 or by email at Andrew.anderson@det.nsw.edu.au should you require additional information about the school’s Anti-bullying Plan, or wish to discuss the issue of bullying.
Cybersafety and Wellbeing Initiative

The Allanah and Madeline Foundation is a national charity which has developed a Cybersafety and Wellbeing Initiative as a result of research conducted by the by the School of Education at RMIT University. The initiative is being piloted in 150 schools across Australia during 2010 with the support of the Australian government. Canterbury Girls High School has been selected as one of 18 NSW Department of Education and Training schools to take part in the pilot between October 2009 and April 2010.

The purpose of the initiative is to help schools to encourage smart, safe and responsible use of technology. It is a whole school initiative, assisting schools to develop policies and practices which will support the school community to become cybersafe.

Canterbury Girls High School will be awarded a small grant to help cover the costs of implementing the pilot program. Participating in the pilot program will give the school access to a website that provides information and links to evidence based resources to support them in the development of a smart, safe and responsible technology culture within their school.

Please contact Andrew Anderson, Deputy Principal, by telephone on 9718 1805 or by email at Andrew.anderson@det.nsw.edu.au should you require additional information about this initiative, or information about the issue of cybersafety.

Green Dear ambassadors

NSW ADOLESCENT VACCINATION PROGRAM 2010

Each year NSW Health works with education authorities to offer the vaccines recommended for adolescents by the National Health and Medical Research Council (NHMRC).

In 2010 the following vaccines will be offered to Year 7 students only:

- dTpa vaccine (Diptheria, Tetanus & Pertussis as a single dose
- Hepatitis B vaccine in a 2-dose schedule, 4 – 6 months apart
- Varicella vaccine (chickenpox) as a single dose
- Human Papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for female students only.

In response to the pertussis epidemic (whooping cough), NSW Health and NSW DET have amended the School Based Vaccination Program.

Date of first visit ~ 4 March ~ Vaccine Hepatitis B and HPV
Date of second visit ~ 14 May Vaccine dTpa and HPV
Date of third visit ~ 9 September Vaccine Hepatitis B, HPV varicella

Should you require translated material, it is available on the NSW Health website at www.health.nsw.gov.au
Year 5 Enrichment Program

Year 5 students from six local primary schools have been involved for the past six weeks in enrichment workshops at Canterbury Girls High School. Those participating are from primary schools at Canterbury, Canterbury South, Summer Hill, Stanmore, Campsie, Dulwich Hill, Croydon Park and Harcourt.

The program was so successful last year that we decided to offer it each year in term 4 for students who want to be challenged and are engaged in their learning. Each week there is a different theme which can be interpreted in any way by the three teachers specialising in English, Maths and Science”, said Marion Gifford, the coordinator and a maths teacher at Canterbury Girls’ High. “These experiences allow them to look at things in a different way and broaden their learning”. The girls have been involved in writing and performing radio jingles, dissecting brains and using measuring instruments like stethoscopes and plastic syringes which would be used on a trip to the doctors. The experiences are interesting, different and above all, fun.

The girls also get the chance to meet others from different schools and build friendships which many continue into high school. The idea of high school can be daunting to some. A group of Year 7 students have met at lunch to help them feel at home and share some experiences they have had. It all helps to take the fear out of coming to high school as many Year 7 girls can relate to feeling the same way.

The girls are excited about coming to school and eagerly await what new things are in store for them. “When that sort of energy and enthusiasm for learning is around you, understanding about the world about us is easy,” said Ms Gifford.

This week, with a theme of ‘The Rhythm of Life’, the girls in English will be encouraged to use their senses and develop a fresh, original approach to poetry writing by being blind folded. They will also find their ‘rhythm’ on a interactive poetry website. Maths will be exploring the ‘Rhythm of Life’ in the animal kingdom. They will plan their own trip to the zoo and discover much about the animals there. Science will be exploring a special piece of equipment called a data logger. With it, they will explore the pattern of sound waves made by their voices and musical instruments.

Happy and Safe holidays to all our families:-

Commencement Dates for school in 2010 are:

Thursday 28 January, 2010 ~ Years 7, 11 and 12.
Friday 29 January, 2010 ~ Years 8, 9 and 10

Check the website for Information Booklet 2010 and Calendar