Welcome to 2008 to our 650 students and families. A special big welcome to our 99 Year 7 students.

STAFF CHANGES
We welcome the following new staff:-
Ms Sara Marquet            English
Ms Joanna Hunter            PE
Mrs Jana Mavris            Support
Mrs Jennifer Murray    School Counsellor
Ms Christine Houvardas continues to relieve as Head Teacher Administration.

Congratulations to the following students:-
Aoi Carmel Hallam, Year 7, who has been selected in the State Wind Ensemble.
Gabri Craven, Year 10, selected again in the NSW Marching band.
Ivy Tran, Year 10, who has been selected to be one of the student speakers at the upcoming launch of the 2008 School Year for Sydney Region.
Ria Andriani, Caroline Badart-Prentice, Helen Eade, Stephanie Folio, Jahmina Liewald, Barbara Pekarova who have been selected to sing with the Regional Senior Choir at the upcoming launch of the 2008 School Year for Sydney Region.
All 2008 students for the wonderful wearing of uniform and the general following of all school rules.

HSC RESULTS 2007
Simply Outstanding

Congratulations to the HSC class of 2007 for the wide range of wonderful performances. Students gained 133 performance bands in 26 different subjects. All students in Extension 2 Maths and English gained a top Band result. 64% of students who did Legal Studies and 74% of students in Visual Art got High performance Bands. 42% of students have been offered University Placements for 2008. We wish all young women all the best in their future careers.

DEPUTY PRINCIPAL ROLE 2008
Ms Playfair and Ms Murray are again our Deputy Principals for the year. Ms Playfair is now located in Ms Murray’s old office. Ms Playfair is the contact for families in regard to Student Discipline for Years 7 – 12. Ms Murray is located in the old Counsellors Office near Office A. Ms Murray works three days per week. Her main responsibility is to support the learning of all students over 15 and the effective use of our Senior Student Independent Learning Centre. Please contact either on school number with any issues.

COMPLAINTS
If students or family members have any concerns or issues they should ring or write to the school.

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INSERT CAR BOOT FLYER

Left to Right:- Ms Sara Marquet, Ms Joanna Hunter, Mrs Jana Mavris

Mrs Jennifer Murray

February, 2008 LEAD THE CHALLENGE NEWSLETTER 1, - 1 -
TREAD LIGHTLY

A newly formed group within the school has been quietly working away for what will be an introduction to a new environmental take on the way we look at our school. The Green DEAR group is currently working on the TREADING LIGHTLY Day set to run on the 1st of April. It will involve an indoor assembly, stalls and opportunities for students to enter competitions and donate money to the Green DEAR’s future projects. We are all looking forward to an exciting day where everyone can get involved.

MAHBOBA’S PROMISE

In 2007 students donated significant amount to Mahboba’s Promise, an organisation committed to assisting Women and Children in Afghanistan. We recently received a letter from Mahboba. An extract from a letter sent to the school said:-

“Your school contributed towards the cost of restoring fresh water to the school. We repaired the manual pump, replaced the electric pump, repaired the tank and made it serviceable and provided new piping from the pump to the tank and fitted taps to the tank so that the children could access water easily. Thank you so much for your support. Pictures below show students of the school and the repaired pump Mahboba sends all your teachers and staff her best regards for 2008.”

P & C in 2008

A special welcome is extended to our Year 7 families. Our school encourages parental involvement and values a strong partnership with its school community.

Some diary dates for 2008

Wednesday, 27 February – P & C meeting
All parents are invited to join us at 7.30 pm in the Principal’s office (enter through the coloured doors from Church St and turn left down the corridor to Sue Holden’s office).

Saturday, 29 March – Car boot sale
Sell your wares, pick up a bargain, enjoy real coffee and meet the school community. More details in subsequent newsletters.

Saturday, 17 May – Trivia Night
Join us for a fun night, test your knowledge and help raise money for the school.
By getting involved, you send a clear message to your daughter that her education is important to you. If you require further information, please contact me on 0408 491 950 or by email: trish.anderson@det.nsw.edu.au

Trish Anderson
P&C President

STUDENT LOCKERS

A limited number of Student Lockers are still available.
Please pay at Office C if you would like one.
Once again, Canterbury Girls High School will be entering two teams, junior and senior, in the All Schools Theatresports competition for 2008. This competition involves public and private schools from all over Sydney. It is a wonderful opportunity for students to meet other enthusiastic Drama lovers and to develop improvisational skills. Our 2007 senior team made the finals, held at Enmore Theatre, Enmore. We were very proud of such an achievement in only our second year in the competition. Auditions will take place on the 28th March, for any keen Drama students. We look forward to another exciting year of Theatresports.

**THEATRE-SPORTS AUDITIONS**

**VENUE:** STUDIO E 1  
**DATE:** 28/3/08  
**TIME:** Lunch Time  
All Drama Students Welcome

**EXTRA CURRICULAR PROGRAM NEWS**

**SCHOOL BAND PROGRAM**
We welcome Mr Clive Lane as our 2008 Band Director. Rehearsals have already commenced with training band rehearsals at lunchtime on Monday and School Ensemble from 3.10 - 4.10 p.m. on Monday afternoon in Cantabrian Hall.

Clive Lane retired last year as Deputy Principal of the Conservatorium High School. Before working at Con High he was the Band Director and Head Teacher of Performing Arts at Girraween High School, and before that he was band director at Marsden High School. Mr Lane has had a very wide musical experience, playing the clarinet, tuba, classical guitar and electric bass guitar, and as a singer. He recently began learning another instrument: the tenor viol. As band director of Canterbury Girls, his plan is to start a training band which will cater to girls wishing to begin a band instrument, and to continue Jason Isaac’s fine work with the Concert Band. There will be a band and performing arts camp in term 2, and numerous opportunities to perform. Students from all years are welcome.

**Dance Ensemble**
The Senior Ensemble will be held during sport on Wednesday afternoon and the Junior Ensemble will be on Monday afternoons in the Studio from 3:10 p.m. to 4:30 p.m. The classes will commence in week 3.  
*See Ms Dennis for more information*

**Choir**
There will be two choirs in 2008.  
**Junior Choir (Years 7 & 8)** will rehearse every Thursday Lunchtime in B 20  
**Senior Choir** will rehearse every Friday at lunchtime in B20. This choir has already started work on audition pieces for school Spectacular.  
*See Mrs Cateris for more Information*

Thank you to all students who were photographed as part of the new promotional material produced for Canterbury Girls High School.
Company B Belvoir Street Theatre

Canterbury Girls High is off to Company B’s subscription season again in 2008. The girls will see four fabulous productions, giving them the valuable opportunity to see professional theatre at its best. The shows included are:

- The Seed (written by a young, Australian woman)
- Antigone (starring Deborah Mailman)
- Scorched (a mystery thriller)
- The Importance of Being Earnest: (Oscar Wilde’s wonderful comedy)

Company B offer schools a discount rate on subscription tickets, making it possible for our students to see high calibre theatre.

I look forward to ‘stepping out’ with the senior Drama students and an exciting year of theatre.

Ms Strachan

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CORE VALUES NSW SCHOOLS

The core values are:

**INTEGRITY**
Being consistently honest and trustworthy.

**EXCELLENCE**
Striving for the highest personal achievement in all aspects of schooling and individual and community action, work and life-long learning.

**RESPECT**
Having regard for yourself and others, lawful and just authority and diversity within Australian society and accepting the right of others to hold different or opposing views.

**RESPONSIBILITY**
Being accountable for your individual and community’s actions towards yourself, others and the environment.

**COOPERATION**
Working together to achieve common goals, providing support to others and engaging in peaceful resolution of conflict.

**PARTICIPATION**
Being a proactive and productive individual and group member, having pride in and contributing to the social and economic wealth of the community and the nation.

**CARE**
Concern for the wellbeing of yourself and others, demonstrating empathy and acting with compassion.

**FAIRNESS**
Being committed to the principles of social justice and opposing prejudice, dishonesty and injustice.

**DEMOCRACY**
Accepting and promoting the rights, freedoms and responsibilities of being an Australian citizen.

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Melanie Capuano, Madeline Gill, Kasey Clarke, Debby Liman, Priscilla Taumalolo, Mandi Fan, Lucy Abdallah - Year 7 & 10 Peer Support Team

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**PLAY SOCCER in 2008**

**PLAYER REGISTRATION**

Sunday 9th and 16th Feb, 3pm - 5pm.
These dates are for all ages.
Venue: Hurstwood Park RSL Club

Teams from Under 6 to Over 35’s Men, Junior Girls, All Age Women and Over 35’s Women.

For more details visit our website at hurstwoodpark.com.au

All players and two to register must attend in person. Registration is free of charge. All new players must bring photo ID aged 18 or over.
## Cantonbury Girls High - Canteen Menu

**ORDERS MUST BE PLACED BY 10.30 AM (WED 9.45 AM)**

### Everyday Menu Items

<table>
<thead>
<tr>
<th>Sandwiches</th>
<th>Assorted Lebanese Wraps</th>
<th>Summer Sushi Roll</th>
<th>Special Salads</th>
<th>Halal Pies</th>
</tr>
</thead>
<tbody>
<tr>
<td>All sandwiches are made with fresh fillings daily, in wholemeal only</td>
<td>Freshly made wraps filled with gourmet fillings.</td>
<td>Summer Specials Sushi</td>
<td>Freshly prepared Salads all year through.</td>
<td>Our pies are the best and will keep you wanting more</td>
</tr>
<tr>
<td>Chicken, Lettuce and Original Mayo</td>
<td>Chilli Chicken Roll Wraps with Lettuce, Tomato and Mayo</td>
<td>Chicken Teriyaki or Crab</td>
<td>Garden Chicken &amp; Caesar Salad</td>
<td>Traditional Beef, Potato and Beef, Beef and Mushroom, Chicken and Veg, Satay Chicken, A1 Pies $3.50 Include DIY Sauce</td>
</tr>
<tr>
<td>Triple Smoked Ham with Cheese &amp; Tomato</td>
<td>Pesto Chicken Wrap with cucumber, lettuce and pesto</td>
<td></td>
<td>Mixed Pasta Salad with Creamy Dressing</td>
<td></td>
</tr>
<tr>
<td>Salad Sandwich (Optional Mayo)</td>
<td>Tuna Surprise - with lettuce, tomato and tasty tartare mayo (order only)</td>
<td></td>
<td>Greek Salad with Feta and Olives (Order Only)</td>
<td></td>
</tr>
<tr>
<td>Deli Mediterranean Summer Sandwich, sundried tomato, lettuce, cheese, orange and cucumber with/without deli ham</td>
<td></td>
<td></td>
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<tr>
<td>Cheese and Tomato Sandwich (odd only)</td>
<td></td>
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<tr>
<td>$3.80</td>
<td>$3.80</td>
<td>$2.20</td>
<td>$3.80</td>
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</tbody>
</table>

### Sausage Rolls

- **Recess Only**
- **Halal Sausage Roll**
- $3.00

### Summer Roll Specials

- Summer Specials
- Vegetable Burger Roll with salad and special sauce
- Low Fat Beef Burger Roll with lettuce, cheese and special sauce
- $3.80

### Breakfast

- Cheese and Bacon Rolls, Cheese, Halal Pizza
- Cheese and Tomato Sandwich Toasted
- $2.00 & $2.50

### Hot Drinks

- No Tea Items can be sold before Recess
- Coffee available for seniors or with approval
- From $2.50

### Other Food

- All Red Or White Items are only available after first break
- Muffins $2.00
- Cake $2.00

### Special of the Day

- Extra Forks or Spoons 20c each
- As per specials menu
- Regular drink = Cans, Small Juice or Small Tea
- Large drink = Large Juice, Milk Item or Large Tea
- $1.00 - 2.50
- $2.50 - 3.50
- From $3.50

### Meal Deals

- **Lunch Vouchers** (Valid 1 Month From Purchase)
- 5 x Lunch Vouchers include regular drink. Today’s Special or Deli Item. (must order only, can be purchased from canteen)
- Individual Cost $29.00
- Discount Book $25.00

While we do make every effort to have all listed items available, we will sometimes have items not available due to availability, and we apologise in advance for any inconvenience.
SORRY to the STOLEN GENERATION

The Commonwealth Government has formally said sorry to the stolen generations when the Parliament resumed in Canberra this week. The Prime Minister, Kevin Rudd, delivered the apology on Wednesday 13 February 2008 at around 9:00 am, as the first item of business for the new Parliament. The day before, at the official opening of the Parliament, the Ngunnawal People performed a welcome to country ceremony - the first time this has happened in the national Parliament. Both are historic events for Aboriginal people and for all Australians.

Michael Coutts-Trotter, DIRECTOR-GENERAL OF EDUCATION AND TRAINING MANAGING DIRECTOR OF TAFE NSW said this week that: "The apology will acknowledge the profound wrong done to Aboriginal children, families and communities by governments removing children on the basis of race. I believe the apology is an essential step towards a closer relationship between Australians. Strong friendships are based on truth, recognition and respect, and sustained by forgiveness."

STUDY TIPS

Homework Help

Want to help your student with their homework?

- Take an active interest in your child’s homework.
- Support your student in setting aside time each day for homework.
- Provide a dedicated place for homework and study if possible.
- Assist teachers to monitor homework by signing completed work if requested, and be aware of the amount of homework set.
- Communicate with teachers any concerns about the nature of homework or your child’s approach to homework.
- Encourage your student to read and take an interest in current events.
- Alert the school to any domestic circumstances or extra curricular activities which may need to be taken into consideration when homework is being set or marked.

Study - Top 10 Studying Tips

Your student’s study techniques can be improved by following the below tips:

1. Establish a routine
2. Create a study environment
3. Set a timetable
4. Drink plenty of water and eat healthy foods
5. Reward yourself for studying
6. Have variety in your study program
7. Avoid interrupting your concentration
8. Test yourself on what you have studied
9. Don’t panic at exam time
10. Ask your teachers for guidance
Student Welfare Performance and Seminar Program 2008

In 2008 a program of performances and seminars has been booked to support student welfare across the curriculum including English, Drama, Personal Development/Health and Careers. The performances and seminars cover a wide range of topics including:

- Positive relationships and self esteem
- Anti-bullying including cyberbullying
- Resilience, coping and stress, managing emotions including anger
- Goal setting, study skills and careers planning

The program for each Year, dates and costs are set out on the following page. The providers include Brainstorm Productions, Australian Theatre of the Deaf, Oxygen Factory and Essere. All activities take place at school. Your daughter/ward will bring home a separate copy of this page with the permission attached for return to school.

Please finalise payments as early as possible. Apply to Office C if you need to make arrangements to pay by instalments.

<table>
<thead>
<tr>
<th>PERFORMANCE</th>
<th>DATE</th>
<th>COST</th>
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</thead>
<tbody>
<tr>
<td>YEAR 7</td>
<td></td>
<td></td>
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<tr>
<td>Sticks &amp; Stones</td>
<td>March 31st</td>
<td>$5</td>
</tr>
<tr>
<td>Face Value</td>
<td>May 5th</td>
<td>$4</td>
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<tr>
<td>Technobully</td>
<td>To be advised</td>
<td>$4</td>
</tr>
<tr>
<td>(all 1 period performances)</td>
<td></td>
<td>YEAR 7 TOTAL: $15</td>
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<tr>
<td>YEAR 8</td>
<td></td>
<td></td>
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<tr>
<td>Sticks &amp; Stones</td>
<td>March 31st</td>
<td>$5</td>
</tr>
<tr>
<td>Face Value</td>
<td>May 5th</td>
<td>$6</td>
</tr>
<tr>
<td>Shake-It</td>
<td>August 4th</td>
<td>$4</td>
</tr>
<tr>
<td>(all 1 period performances)</td>
<td></td>
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<tr>
<td>Girlfriendship (1/2 day seminar)</td>
<td>June 5th</td>
<td>$10 (incl. workbook)</td>
</tr>
<tr>
<td>YEAR 9</td>
<td></td>
<td></td>
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<tr>
<td>Verbal Combat</td>
<td>June 19th</td>
<td>$5</td>
</tr>
<tr>
<td>Face Value</td>
<td>May 5th</td>
<td>$6</td>
</tr>
<tr>
<td>(1 period performances)</td>
<td>June 5th</td>
<td>$10 (incl. workbook)</td>
</tr>
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<td>Girlfriendship (1/2 day seminar)</td>
<td></td>
<td>YEAR 9 TOTAL: $21</td>
</tr>
<tr>
<td>YEAR 10</td>
<td></td>
<td></td>
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<tr>
<td>Verbal Combat</td>
<td>June 19th</td>
<td>$5</td>
</tr>
<tr>
<td>Futures</td>
<td>May 5th</td>
<td>$6</td>
</tr>
<tr>
<td>Smile</td>
<td>Term 4 Crossroads program</td>
<td>charged separately</td>
</tr>
<tr>
<td>Wired</td>
<td>Term 4 Crossroads program</td>
<td>charged separately</td>
</tr>
<tr>
<td>YEAR 11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wired</td>
<td>November 17th</td>
<td>$5</td>
</tr>
<tr>
<td>Futures</td>
<td>May 5th</td>
<td>$6</td>
</tr>
<tr>
<td>Day of Hope/Studysmart (2 x ½ day seminars)</td>
<td>Feb 28th and June 12th</td>
<td>$20 (incl. workbooks)</td>
</tr>
<tr>
<td>YEAR 12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Futures</td>
<td>May 5th</td>
<td>$6</td>
</tr>
<tr>
<td>Day of Hope/Studysmart (2 x ½ day seminars)</td>
<td>Feb 28th and June 12th</td>
<td>$20 (incl. workbooks)</td>
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</tbody>
</table>
**Office C Payments**

- Students are able to make payments from 8.30 – 8.45 a.m, Recess and Lunch.
- Parents/Carers are able to make payments at anytime.
- Diary, text book deposits and sport costs are due now.

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**TED Noffs**

**Drug and Alcohol Counselling Service**

Every Friday morning a confidential counselling service is available for students and family members.

9 – 12.30 Counsellors office in the LIBRARY

Appointments to see Miss Lopez can be made directly by dropping in on Friday.

Students do not have to attend alone, they can bring a friend.

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**Online Safety Tips**

Worried about your child’s safety online? Here are some guidelines that can help:

- Put the computer in a central area of the home, not in a bedroom.
- Be reasonable and try to set reasonable expectations.
- Be open with your child and encourage them to come to you if they encounter a problem online – cultivate trust and communications because no rules, laws or filtering software can replace you as their first line of defence.
- Talk with your child about how they use the Internet. Make sure they understand basic safety guidelines. These include protecting privacy (including passwords), never posting personal information, never meeting people they only know online and not posting inappropriate or potentially embarrassing photos.
- Try to get your kids to share their blogs or online profiles with you, but be aware that they can have multiple accounts on multiple services.

**More Online Safety Tips**

Keep your children safe online:

- Spend time online with your kids. Check out good sites together. The internet can be a fun family activity!
- Help your kids use the internet as an effective research tool - learn about handy homework tips for kids and also good searching techniques.
- Learn about the world out there. Kids are communicating in a diverse range of ways, from chat to IM, and from message boards to blogs. Learn how these work and what tools they offer to protect your child’s privacy.
- Be aware of online stranger danger, particularly in chat rooms. Set house rules about what information your children can give out and where they can go online.