Congratulations to:-

- Jasmine Zhao and Thi Hong Nhung Pham of Year 12. Both students Major work in Visual Arts has been selected for ART Express. Congratulations to both girls and to Ms Texier.
- Rebecca Chau, year 9, whose Art work has been selected from thousands of entries for the DET Nagoya Art Exchange.
- SRC Members who have collected hundreds of cans of food for Exodus Christmas appeal
- The 13 teams who participated in the Grade Sport Summer Competition - well done - see page 5 for the report.
- Bulou Waqaliva and Paige Lane, Year 7 who have been playing in NSW Volleyball State competition for their age group.
- Ivy Tran, Year 10, for her diligent efforts in 2008 as the Regional SRC representative - a Community Leader of the future.
- The 2008 LEAPS Graduates of Year 9-it was wonderful to see how much confidence and maturity you have all gained through participation in this project.
- Year 10 students for the wonderful way they conducted themselves during the School Certificate exams, the Crossroads Program and the Careers Day.
- Gabby Craven, Year 10 selected as best speaker for Sydney region at the recent State Debating titles.
- Aoi Hallam, Year 7, selected again for 2009 for the prestigious State Wind Ensemble.

FAREWELLS

Ms Myf Hudson leaves this week to start a new adventure in Canberra. Thanks to Ms Hudson for her work supporting English Second Language students.

Mrs Ruth Tarplee, Administration Manager, has left to work in the Finance Branch of DET. Mrs Tarplee was our Administration Manager for 15 years and had a big impact on the school. She will be missed. All the best Mrs Tarplee.

2009 Organisation

Students start dates are on page 8.

Fees Schedules for 2009 are enclosed.

Student Information Booklet for 2009 will be issued, hard copy, day 1 2009, a copy will also be available on the website last week of term 4.

School Calendar for 2009 will also be on the web site by last week of term.

Student Diaries will be issued day 1 and all families invoiced for the cost.

ATTENDANCE

Every year a minority of students convince parents that learning has finished at school in TERM 4 - this is not correct of course.

PARENTS and Caregivers should note that formal lessons, normal teaching and learning does not finish until FRIDAY 12.12.08.

15.12.08 is Recognition Day -MONDAY

16.12.08 is PICNIC day -TUESDAY
17-19.12.08 WEDNESDAY to FRIDAY

Students will be supervised in year groups and assist with set up for the 2009 school year. This is to allow us to complete some staff training and prepare for another big year.

THANK YOU To all Staff for the myriad of extra learning experiences and time given to students throughout 2008.

To all Families for the support of your student and the school in 2008. We look forward to working with you again in 2009.
Since our induction, the SRC body has been busy immersing itself in various projects. Our girls have represented the school at conferences such as the NSW Parliament House youth forum and quite recently the Sydney Region SRC conference which supported the State Conference’s theme of “Let’s Improve - Make the Move!” These events unite high school leaders from near and far to empower and equip them to make effective change.

Every year, a leadership day is held among the student leaders of the Canterbury Cluster (i.e. Canterbury Girls, Canterbury Boys, Ashfield, Canterbury and Canterbury South Public). This term of office, the SRC collaborated with Ms Cook (Deputy Principal of Canterbury Public) to deliver a day with the focus on community service. Thus the theme “Helping Others, Helps Me”. This was no easy task and despite the hard work of organising and preparing different workshops, the day was a definite success as all five schools participated and thoroughly enjoyed themselves. We would like to thank the Green Dear for participating and lending a hand when needed.

Our most recent project to date is the ‘Tin Cans for the Exodus Foundation’, where the SRC organise for students and staff to donate non perishable tin cans of food to the homeless during this holiday season. The SRC would like to thank you for the response we received was overwhelming as many cans were so generously given and as Ms Papadopoulos put it “I have tin cans flying out from everywhere”.

The SRC and our coordinator Ms Papadopoulos have definitely gone above and beyond to achieve our goals as a student body so far. Having said that, there is still plenty on our “to do” list, and we are eager to tackle it hands on in the New Year.

Ivy Tran, President

THANK YOU
“Dear Ms Holden
I’d like to share with you how much our SRC enjoyed working with Canterbury Girls’ SRC throughout the year in planning and organising the mini conference - ‘Helping Other, Helps Me’. Personally, I couldn’t have been more impressed with Canterbury Girls High School Student Representative Council’s attitude, commitment, leadership skills, cooperation and overall contribution towards organising the conference. Ms Ourania Papadopalas’ insight direction and support was also greatly appreciated.

In my mind, the conference and the experiences leading up to it were a great success due largely to their efforts. They were wonderful ambassadors for your school and are most certainly our community’s future leaders!

We have long enjoyed a close working relationship with your school and SRC and hope to have the opportunity to work with you again very soon.

Ms Berlinda Cook
Assistant Principal/SRC Coordinator
Canterbury Public School”

WORK PLACEMENT

Kylie Giffen and Candice Hodik from Year 11 Hospitality on Work Placement at Mancinis Ristorante Italiano.
**ENVIRO NINJAS PLANT APPEAL**

Over the year, the Enviro Ninjas have been working on a frog pond and we have finally added some tadpoles. Unfortunately, birds and the elements have been a problem for our frogs, so we really need some water plants for their protection.

If you have any water plants or know anyone who does, we would greatly appreciate your donation. Plants can be given to Ms Jones in the Science staffroom.

Enviro Ninjas

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**TEXTILES Workshop**

Recently Yr 11/12 participated in a Textiles Techniques Workshop at school where a new range of decorative techniques and skills were introduced to our keen students.

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**Year 11 Hospitality**

A selection of Hors D’oeuvres presented by Yr 11 Hospitality.

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**EQUIPMENT DONATIONS**

In 2009 we are converting an unused space into a small gym room for use during Sport and PE classes, big enough for 30 students to complete a circuit class.

Any donations of exercise bikes, dumbbells, benches or other fitness equipment would be much appreciated.

Ring Dave RALPH
97181805
PUBLIC and PROUD

Year 8 Technology

These exquisite silver rings have been created by Cherry Lyn, Minh Thi, Jannah and Josephine, in year 8 Technology. Students are required to research the art style Art Deco, design their own ring in this style, apply their design in wax, have the ring cast in silver and polish to the required finish.

Year 9 Food Technology

Year 9 Food Technology prepared and shared their final group practical for “The OZ ID” topic. The winner INDONESIAN CHICKEN (Stephanie Foliola, Pih Yeh Lo, Cheryl Tendra, Elpha Pradhan) and runner up Korean Sushi (Jeany Christian, Akberet Jemal Kedir, Angela Dang, An Vo)

IMPORTANT INFORMATION FOR STUDENTS AND PARENTS-
TRANSPORT CHANGES

Changes will be made to the School Student Transport Scheme (SSTS), effective from Term 1 of 2009.

The changes include:

• SSTS passes will be able to be used until 7:00 p.m. (extended from 4:30 p.m.) provided travel is on regular scheduled transport routes for trains, bus and ferry services.
• Families will be able to nominate two addresses for eligible children to travel to and from school, such as grandparents’ house, after school care or for separated parents.
• Infants and primary students with SSTS passes will be required to pay $45 per child, with the fee rising to $90 for high school students, however, the total fee cost will be capped at $180 per family.

• Commonwealth Health Care Card holders will be exempt from the fees.

With the exception of these changes, all current criteria for eligibility to the SSTS remain unchanged, including distanced based criteria and appeals processes.
The Department of Education will be providing more details to school principals for distribution to students and parents in relation to these changes prior to the end of Term 4 2008.
**Canterbury Girls High** had another successful Summer Grade Sport season with 13 teams entered into the Summer competition. Our girls were once again able to show their sporting prowess with 9 of these teams making it through to the semi finals.

All of the semi final games were closely contested and a big congratulations must go to the Open Softball team, the Open Table Tennis D (2) team, U15 Oz Tag team and the U13B mini soccer team for making it through to the finals in their respective competitions.

The coaches of all these teams were extremely proud of the way their teams played and the sportsmanship they displayed not only in the finals series but throughout the entire competition.

No one, however, is more proud than Mr Rechniewski who never lost sight of the big picture and coached his U13B Mini Soccer team to a grand final victory, bringing home mini soccer gold! Well done to all teams and their coaches for a great Summer Grade season.

**Jayne Delmas, Grade Sport Co-Ordinator**

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On Thursday 13th November a selection of Year 9 Sports Studies students attended Cronulla Surf School to participate in a Learn to Surf program. The students learnt about reading surf conditions and identifying dangerous situations, paddling, wave zone negotiation, catching broken waves and wiping out safely. This lesson provided students with the opportunity to experience the health benefits of participating in recreational activities. The girls had a wonderful time learning to surf and were able to experience something new, exciting that is good for your health. Cronulla Surf School runs holiday learn to surf workshops. For details see Ms Hunter, PDHPE department.

**STUDENTS- STAY SAFE across the Summer Break**

Always tell family where you are going  
Follow the signs at the beach or the pool  
Use Sun Protection
Year 5 students from six local primary schools have been involved for the past six weeks in enrichment workshops at Canterbury Girls High School. Those participating are from primary schools at Canterbury, Canterbury South, Campsie, Dulwich Hill, Croydon Park and Harcourt.

"The program was so successful last year that we decided to offer it each year in term 4 for students who want to be challenged and are engaged in their learning. Each week there is a different theme which can be interpreted in any way by the three teachers specialising in English, Maths and Science", said Marion Gifford, the coordinator and a maths teacher at Canterbury. "These experiences allow them to look at things in a different way and broaden their learning". The girls have been involved in writing and performing radio jingles, dissecting brains and using measuring instruments like stethoscopes and plastic syringes on a trip to the doctors. The experiences are interesting, different and above all fun.

The girls also get the chance to meet others from different schools and build friendships which many continue into high school. The idea of high school can be daunting to some. A group of Year 7 students have met at lunch to help them feel at home and share some experiences they have had. It all helps to take the fear out of coming to high school as many Year 7 girls can relate to feeling the same way.

The girls are excited about coming to school and eagerly await what new things are in store for them. "When that sort of energy and enthusiasm for learning is around you, understanding about the world around us makes sense" said Ms Gifford.

This week, with a theme of ‘the Rhythm of Life’, the girls in English will be encouraged to use their senses and develop a fresh, original approach to poetry writing by being blind folded. They will also find their ‘rhythm’ on an interactive poetry website. Maths will be exploring the ‘Rhythm of Life’ in the animal kingdom. They will plan their own trip to the zoo and discover much about the animals there. Science will be exploring a special piece of equipment called a data logger. With it, they will explore the pattern of sound waves made by their voices and musical instruments.

Parents are invited on the last day to share in some of the girls’ excitement. "This program is a wonderful opportunity for Stage 3 students to experience the depth and quality of learning that can occur in our wonderful state high schools," said Sue Holden, Principal of Canterbury Girls.
Student Well Being
End of Year Update

Reader-Writer for School Certificate
Year 9 students who acted as reader-writers for students doing their Year 10 exams with Special Provisions have made an important contribution to assisting others in their school community. Thank you to each of these students who gave willingly of their time, you will all receive a certificate in the Recognition Day Assembly. Thanks also to Mrs O’Sullivan who coordinated a large number of students over the School Certificate week to ensure all candidates were well supported by their reader-writers.

Payments for 2008 Student Welfare Program
Over the year all students had the opportunity to participate in a number of student welfare events including study skills presentations, drama performances, and workshops on anti-bullying, resilience and well being. At the beginning of the Year all students received a blue permission note from their Year Adviser outlining the program for their Year and indicating costs ($5 - $10 depending on the event). Payment could be made altogether, or as each event occurred. At each event a roll was kept of students who participated and families have been invoiced for any outstanding payments.

2009 Day of Well Being
In 2009 a "Day of Well Being" will be held on May 18 where most of the events will be presented on a single day. So far the program includes a multimedia assembly, a motivational speaker, drama performances, and skills workshops, including study skills for Years 9 - 12. Costs will be similar to 2008, about $20 - $25 per student for the entire program. Areas to be covered by the program will include anti-racism and anti-bullying, body image and self esteem, resilience, coping and stress, and positive personal relationships.

Thank you to the Year Adviser team
A big thank you to Ms Sylvia Kovanis for relieving in the Head Teacher Welfare role for most of this term - Ms Kovanis has managed the final round of HPV vaccinations for this year and will oversee the end of year events including Year Picnics and the annual Recognition Assembly; all this after completing her duties as Year 12 Year Adviser in Term 3! Ms Barford and Year 11 had a successful Year Camp at Stanwell Tops in week 3 of term, and a small graduation ceremony in Cantabrian Hall marked the transition from the Preliminary to the HSC year for her cohort. Ms Kaur is in the midst of the busy Term 4 schedule for Year 10 which includes a Picnic Day and graduation. Ms Liu and Ms Burgess are again assisting in mentor training for Years 8 and 9, while Ms Strachan and Year 7 have been to the Zoo, to Canterbury Boys’ Cantervale day, and have had a rich day in Drama. In 2009 we welcome Ms Cathy Jenkins in the role of Year 7 Adviser - she is already busy managing the transition for her students with Orientation Day.

Throughout the year Year Advisers manage all matters pertaining to their cohorts with many behind the scenes administrative duties as well as frontline support for students in a myriad of personal, social and academic issues. As Head Teacher Welfare I thank them for another dedicated year of hard work and look forward to another hectic year in 2009!
Australian Museum Excursion for Pasifika students

This year we had a unique opportunity to be taken behind the scenes at the Australian Museum to see the extensive collections from the Pacific Islands, including many revered artefacts from New Zealand, Tonga, Samoa, Cook Islands and Fiji, mostly collected in the initial period of contact with missionaries. Students spent a full day at the museum completing a program especially designed for them by the museum’s education office including a guided tour of an exhibition about Papua New Guinea, an art workshop where students made a fan using traditional Pacific designs, as well as a visit to the anthropology department to see the Pacific collection. The museum staff encouraged the students to explain how the items in the collection were used and valued by their cultures. Our students’ knowledge and expertise in their cultural history was evident as they examined the range of items held in the collection including weapons, clothing, jewellery, baskets, fans, combs and much more, all made from items found in the natural environment of the Pacific.

Teenagers and celebrations

Most young people go through this time of year having fun without any problems. Parents and carers can help to make celebrations and activities safer by talking with their teenagers. There are things you can do to reduce the chance of anything going wrong.

- Try to keep up with what is going on in your child’s life.
- Get to know their friends. You can be interested in their life yet still respect their need for privacy.
- Talk to your teenager about your concerns such as hosting a party, going to parties or having separate holidays.
- Find out more about your legal responsibilities.

Discussions about parties and celebrations can be made easier if you take time to chat with your son or daughter.

Keep trying even if you are met with grunts or silence.

For more tips on talking to teenagers check the information on the NSW Health website: www.health.nsw.gov.au/public-health/dpb/publications/parents_talking_teenagers.html

**IMPORTANT DATES 2008-09**

4.12.2008     Year 7 2009   Orientation Day

15.12.2008    Recognition Assembly & Year 10 Graduation

16.12.2008    Year 7, 8, 9, 11 Picnic Day

28.1.2009     Year 7, 11 and 12 Day 1

29.1.2009     Year 8, 9, 10   Day 1

24.2.2009     Year 6-7, 2010 Open Night
Year 10 Crossroads

What a week for Year 10! Following the completion of their School Certificate Examinations they came back to participate in Crossroads 2008, a Personal Development and Health Education Course.

We began with a seminar from the Oxygen Factory called ‘Smile’. Jane Hennessy touched all with her stories of overcoming adversity and depression and gave strategies that all could use to better cope with these situations. We were also fortunate to watch two drama productions, Image Busters and Wired. These brought forward many adolescent concerns, such as self-image; stress and coping and; self-esteem, in a thoroughly enjoyable format. A police liaison officer also gave us a visit, informing the students about illegal drug effects and the law.

Tuesday’s activities were another highlight. It was MAD Day (Making A Difference Day) with Essere, a not-for-profit organisation who teaches students resilience, leadership and careers skills and coping techniques. Some of the comments by Year 10 in their evaluation include: “They were fun; I left the school with a big smile”
“The workshops were a fun way to interact with Year 10”
“It allowed me to feel pride in being part of such a beautiful piece of artwork, in which our whole grade participated in.”
“It put a smile on everyone’s face and brought me a lot of happiness”.

The day included a drumming workshop where each of the groups performed a percussion performance for all to watch at the end of the day. MADD also included the painting of a beautiful mural which everyone who attended helped paint. We were also lucky enough to meet the NRL players - Jeremy Smith from Souths and from the Bulldogs Nick Kouparitsas and Ben Hannant.

Most of all the culmination of the day’s endeavours has left the girls with an amazing mural that will become part of the school landscape, helping them to recall the amazing day they had-capped off with the most incredible impromptu hip-hop/Jamaican boogie that had the whole audience up and dancing.

Wednesday saw an ‘Arrive Alive’ workshop presented by Football NSW presenters and included fun football skill development. Our football superstars (and there are many in Year 10) had another opportunity to show their skills - Ms Hunter and Ms Hayes didn’t do too badly either.

Year 10 also had an opportunity on Wednesday to participate in a personal safety workshop. This included vital information on staying safe, giving confidence to the students and practical protective strategies.

Our final day of Crossroads was an intensive information session on relationships, risk and drugs. The entire group was in awe of the presenter, Jo Parsons, who shared her stories and gave out heaps of information that the girls will now have to assist them in making wise choices now and in the future.

K. Burgess
Crossroads Coordinator
Whose birthday is coming up soon?
It is Louis Braille’s 200th birthday on the 4th of January 09
Why is Louis Braille’s 200th birthday significant?
Well maybe it isn’t if you had your eyes checked and you can see perfectly. By the way, you can have your eyes checked at an optometrist for free if you take your Medicare card. Many of us should do this, could do this, might do this one day. At least you won’t have any rude shocks if you do it occasionally. Of course they can fix lots of things if they catch them early.
Ria (year 11) is blind because they did not catch Glaucoma early. That is where Louis Braille comes in. If not for Louis, blind people could not read and be literate. How important is that! Imagine if you had to be brave because you could not read, see the television, the birds or your dinner?
Braille is a wonderful invention. Many people are grateful for it. They live a full and normal life because of it. Hip Pip Hooray for Louis turning 200. Watch the news about the 4th of January you will see celebrating for Louis.
Thankyou for taking a minute to read this information.

Free Internet Content Filter
Parents are advised they can obtain a fully subsidised PC Internet Content Filter under the Federal Government’s NetAlert scheme.

Internet content filters provide a range of capabilities to block, screen or monitor unwanted material on the Internet.

The fully subsidised program is due to close for new users later this year with existing users able to use the filters through to end June 2010, so anyone wanting a free filter should download as soon as possible. Visit www.netalert.gov.au

Email newsletter

From the Year 9 Perspective…….

This year at Canterbury Girls’ High School has been one of new developments, new insights and new ways to achieve the very best for its community. It has been interesting, exciting and educational (most of the time). So if we had to give this school year a report card on its 2008 performance, how would it measure up?

School excursions: A+
The out of school learning activities this year have been many and varied in their locations and subjects. The trip to Canberra to further the work being done in the HSIE faculty concerning Australian history was a great chance to really get students interested in and motivated about subjects that may have been less exciting in the classroom.
The year 9 study camp to Collaroy was also a great success, with the right amount of studying activities and the right amount of outdoor activities (such as archery and kayaking to name a few) being combined to form the perfect camp in the perfect location.
The performing arts camp this year was also a great 3 days to really get some expert practice time and advice from our tutors, not to mention become more acquainted with our fellow dancers and band members and have some great fun and memories in the process.
Finally, the 8 day study tour to Vietnam really summed up the great time we’ve had this year learning outside of the classroom. If I could sum it up in one sentence, I would say that I would definitely do it again and recommend it to anyone else.

Sports Carnivals: A-
The Swimming and Athletics carnivals this year were a large and noisy mix of excitement, competitiveness and, of course, the house colours of red, yellow, green and blue. The performances of our schools best athletic talents were amazing.
and a great way to introduce new students to the competitive yet united atmosphere that is Canterbury Girls’. Participation in all sporting events, from backstroke to long jump was a credit to all who attend this school, and especially to those who went on further to the State and Regional finals. Everyone was so eager to compete and show their support, especially when it came to chanting their house cheers as the finalists came ever closer to the finish line.

Performing Arts Events: A
The Performing Arts faculty has been very busy this year, organizing many events to showcase to the wider Canterbury community the true talent that shines from this schools students, including singers, dancers, actors and musicians. The effort put into each and every one of these performances by both teachers and students is amazing, and such an exciting and professional show could not be put on without their efforts. 2008 saw the MADD and Halfway To MADD performances put on spectacular displays of talent for all to watch and admire, and to inspire those who are interested in joining our schools performing arts community. The school's band have performed at many events in the school, and look forward to continuing their run of success next year to a wider audience. The dance group and choir have also been incredibly busy this year with their many professional performances, and will be ending the perfect performing year with a bang by participating once again in the annual Schools Spectacular, which they are working hard on to make sure their acts are polished.

School Environment: B+
The outside areas of Canterbury Girls' are plant-filled and thriving with bird and insect life. This has been helped by the new gardens planted during several Working Bees at the school, as well as the new frog pond built by the Enviro Ninjas this year. There have also been new signs installed around the school to direct visitors to various locations, as well as renaming the classrooms and sprucing up the general feel and appearance of the school. Aside from a paintjob here and there (a few select classrooms and the toilets) and the odd light bulb that needs to be fixed and furniture replaced, the school interior has been updated to make it cleaner, clearer and more accessible to all, while still retaining its original well used and well known Canterbury feel.

School: A+
Aside from the many extra-curricular activities on offer at Canterbury Girls', this general school year has been full of surprises, celebrations and memories. There have been new teachers and students introduced to our community, and some teachers and students who have had to say goodbye. There have been new events added on to the schools calendar and older areas updated to be made more compatible as the school moves into the future. There have been disappointments but plenty of reasons to celebrate, sad times but also ecstatically happy times, and then there have been times that are just weird but no less a part of this school. However, the constant themes at Canterbury Girls' High this year have been leadership, excellence, achievement and diversity. Leadership from all students, of all years, all backgrounds and all situations on all sorts of different issues. Excellence from both academia and sports based students and many other areas of expertise from students at our school. Achievement from all who put their minds to something, whether it be big or small, in school or in Parliament House, Sydney, in the classroom or on the field. And Diversity from all who are encouraged and accepted to come to our school each day regardless of race, religion, background or opinion.

I look forward to seeing more leadership, excellence, achievement and diversity from everyone at Canterbury Girl's High during my further time at this school, no matter what field it is in. Well done Canterbury Girls' High, 2008.

By Chloe Smith
Year 9
At the Chinese Gardens

SUPPORT PUBLIC EDUCATION

Philosopher and Educationalist John Dewey said...

"Education is not preparation for life; education is life itself."

Be proud of the achievements of Public Education. Show your support. Tell your friends, write to your MP, visit your local school, go on-line to spread the news of the excellent work happening in our local schools.

SCHOOL SHOES SUITABLE FOR CANTERBURY GIRLS HIGH SCHOOL

COVERED + LEATHER + SUPPORTIVE + PROTECTIVE

IMPORTANT NOTE TO PARENTS:

The Department’s Occupational Health & Safety regulations requires all students to wear only:

- Enclosed black leather school shoes (slip-ons are not permitted).
- On days where students have PE, they need to bring their sports shoes in their bags and change before the class.
- On sport days, sports uniform and sport shoes are required.

DECEMBER, 2008

LEAD THE CHALLENGE

LEADERSHIP > EXCELLENCE > ACHIEVEMENT > DIVERSITY

PUBLIC and PROUD

Year 9 Chinese - YUM CHA

On the 24th of November 2008, our year 9 Chinese class set off on a journey to explore the wonders of Chinese culture through an exciting excursion with Mrs Liu.

After arriving in the city we settled in tables of eight at Marigold Yum Cha Restaurant.

As we indulged ourselves in the traditions of yum cha such as the tea and dim sims, we were also subject to the excellent service provided by the restaurant. The food was absolutely delicious. These included prawn dumplings, calamari strips, vegetables with oyster sauce, steam dumplings with vegetables, egg tarts just to name a few.

We became more than content after the delicious feast at Marigold Yum Cha Restaurant. With high spirits and a full stomach, we set off for the Chinese Gardens.

The Chinese Gardens proved to be an insightful location into many aspects of Chinese Culture. Entering a calm and relaxing atmosphere, the view was extravagant. The Chinese Gardens accurately depicts the beauty of nature within China enhancing the ancient infrastructure.

Although highly educational, we found that the highlight of this excursion happens to be the fact that we got to dress up in ancient garments to complement the splendours we came upon visiting the Chinese Gardens.

By Sheridan Wen and Vivian Yeong