Democracy is alive and well at Canterbury Girls High. After exhaustive nominating, presentation, interview and interview processes it is with great pride that we announce our new student leadership team for 2007-8. All will be invested at a ceremony next week.

**Co Captains**  
Athanasia Costa  Aninta Finconia  
Sabrina Khan  Rachelle Samrani

**Prefects 2008**
Soobia ALAM  Nazahah ALI  
Toni ARANETA  Tammy CARGILL  
Svetlana COLBERT  Barbara FREITAS  
Guner HERSLIP  Phoebe H OOKEY  
Tokoa KOPU  Gloria MARSTERS  
Linh NGUYEN  Janessa Pe  
Laura SCHNERRING  Lauren SCOTT  
Siata TALA  Francesca WONG

**Student Representative Council**

**Year 7**
Melia SOLEMAN  Jade DOYLE  
Jasmine HARE
Martina BOLDING-CICCARELLI

**Year 8**
Orani ABEYEWARDENE  
Stephanie FOLIOLA  Debby LIMAN  
Caitlin JURD  Kimberley De VISSER

**Year 9**
Sisilia HUI  Ivy TRAN  
Komal PRASAD  Jasmine ALFAS

**Year 10**
Andreia PASSOS  Akesiu POITAHA  
Victoria MARSTERS  Riyanka ASGAR

**Recognition Week for School Administration Staff**

One of the keys to our school being such a friendly, caring place is the great work done by School Administration Staff. SAS Staff the Heart of education recognition week is coming up soon. Thanks and well done to the great work done by our SASS:

Ruth Tarplee  Administration Manager  
Kathleen Armour  Maureen Barker  
Karen Calvaruso  Mary Fitsakis  
Glyn Eden  Michelle Osman  Natalie Villa  
Cheryl Patulny  Maria Petrino  
David Ralph  Jayne Townsend

**THANK YOU**

A Gardening working bee was held on the 25/6/07. A big thank you to Don Smith, Sue Freeman, Trish Anderson, Ashley McLeod, Liz Manton, Marguerite, Dimity Flowers, Tim Jurd, Sandra Mc Kay, Dave Ralph for giving up valuable weekend time to make the front of the school look fantastic.

Thank you to Sabrina Khan, Year 11, who represented our students at the UNICEF Junior Roundtable on Asia Pacific, a Youth Discussion on APEC issues.

Well done to the 160 students who participated in the highly successful Music and Dance day and Night performances last week. Some fantastic performances from many of our students.

Included are some photos from the Student Art show last weekend. A huge thank you to John Drake, (father of Rachel) from the Color Copy Centre for his fabulous printing of Year 12 and Year 10 digital prints.

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**INSERTS**

- Asthma Safe schools Recognition Week for School Administration Staff
- Thanks and well done to the great work done by our SASS.
2006-2007 has been an eventful and remarkable term of office for the SRC. We have achieved so many of our established goals and priorities in which we are all extremely proud. This body was particularly outstanding in the sense that school spirit and leadership was amongst all members. They worked through many situations effectively and more importantly, they did it in a team effort.

Below is a list of all our accomplishments in our term of office.

A major achievement is definitely re-establishing the SRC constitution; a high priority aim from many terms before. Through many meetings and discussion, we have proudly completed a constitution which we know will remain in many more terms to come.

Promotion of our school within the local community was an important priority as well. With our local feeder primary schools and the local boys high, we have had many conjoint leadership workshops which were a true bonding experience for all. This was called the Canterbury Cluster Leadership and Teamwork Conference, this ran over two days. Activities were based around leadership skills and qualities, we were fortunate enough to have the Canterbury Bulldogs come as motivational speakers. Excursions with Canterbury Public to a leadership conference across NSW, and breakfasts between the neighbouring schools also took place to discuss plans for both schools to work together closely.

Another highlight was International Women’s Day. With the help of many teachers, staff and the SRC, we made the day magical. The Old Hall was transformed into a function hall, as sit down tables and decorations were done so with true class. Our lunch was catered by the year 12 Hospitality. Monica Trapaga and Mohoba from Mohoba’s Promise were our special guests as they shared their life stories, passions and celebrated being a woman.

Finally fundraising and awareness played a part in this year’s term as well. Recently, Daffodil Day and Year Seven’s Pancake Day raised $750 which all proceeds will go towards Cancer research and awareness. The Year Eleven’s researched and distributed leaflets concerning Diabetes. The SRC have also participated and contributed to many environmental forums concerning global warming and climate change, one was with the Canterbury Council’s Youth Environment Day.

The SRC had a grand opening ceremony for our newly renovated toilet blocks, an event which was successful. The attention for renovation was started with a petition of students from Chloe Smith, a year eight member.

As President, it is with much sadness, yet contentment that this SRC body moves on. I would like to thank Ms Miller, SRC coordinator for her tireless efforts and for directing the SRC. I would also like to thank with much gratitude all other teachers and staff members and the P&C who contributed to making this SRC as successful as it was. Finally, the SRC, without their hard work, this wouldn’t have been possible. This was my first time as President, and it has been an immense honour to of been a part of such an uplifting team of young potential leaders and friends. I am excited about the incoming body, as it takes CGHS SRC to the next level.

-Ivy Tran, SRC President (2006-2007)

Well done to 15 Year 7 students who raised $800 for Jump Rope for Heart recently- Thanks to Soo Ji, Vivianne, Cindy, Eiman, Kia, Martina, Runbidizai, Natalie, Carol, Gabrielle, Vy, Cherry Lyn, Raenne, Annie, Humayra
RESULTS OF WINTER GRADE SPORT

Canterbury Girls teams made the following finals in grade sport and the results were:
- Netball 15A’s Canterbury Girls defeated Penshurst Girls 22 – 19
- Netball 15B’s St George Christian High School defeated Canterbury Girls 31 – 17
- Netball 13B’s Kingsgrove High defeated Canterbury Girls 22 – 15
- Table Tennis Open B’s Penshurst Girls defeated Canterbury Girls 4 – 2
- Table Tennis 14B’s Blakehurst defeated Canterbury Girls 6 – 0
- Soccer Opens Canterbury Girls defeated Kingsgrove High 1 – 0
- Volley Ball Open A’s Canterbury Girls defeated Beverly Hills Girls 2 – 0
- Volley Ball 15A’s Kingsgrove North defeated Canterbury Girls 2 – 1

Congratulations to all students who made the finals.

Well done!

CAR BOOT SALE

The P&C would like to thank the following organisations for their great support of the Visual Arts Exhibition and car boot sale held on 1 September in the school ground.

- Euroespresso Machine Co. Annandale
- Georges Pharmacy, Campsie
- Mancini’s Restaurant, Summer Hill
- Plunge Cafe, Summer Hill
- Sydney Turf Club,
- Canterbury Torch and Valley Times newspapers

Special thanks are extended to Dave Ralph, General Assistant, Jayne Townsend, Administrative support, and parents, Marguerite Abeyewardene, Trish Anderson, Michelle Betancur, Max Elbourne, Dimity Flowers, Ian Flowers, Sue Freeman, Sandra Jurd, Tim Jurd, Fran Lawson, Mick Paredes, Fatima Ramos, Helen Rogers, Don Smith and Lesley Spinks for making the day such a success.

Debating News

Congratulations to our Year 10 team who reached the quarter finals of the Year 11 Debating competition unfortunately defeated by Sydney Girls High.

Even more congratulations to our Year 9 team, debating in the Year 10 competition, who reached the semi finals unfortunately beaten by Caringbah High.

Our debaters are to be praised for the quality of each debate. They have brought a great deal of credit to Canterbury Girls. Well done.

Asthma Update

The Facts:
- One in six Australian children has Asthma
- Asthma is a leading cause of school absenteeism
- Asthma can result in lethargy, tiredness, decreased motivation and ability to concentrate
- Asthma is one of the most common reasons for hospital admissions in children
- Over two million Australians have Asthma
- The cause of Asthma is unknown and there is no cure

Canterbury Girls High School is proud of our continued participation in the Asthma Friendly Schools Program, supporting those students who have Asthma by:
- providing asthma education for all staff to support them in aiding students at school and on excursions or at sporting activities
- providing first aid assistance at Office A by a trained staff member
- having a blue reliever puffer and spacer device available for emergency use at Office A
- keeping centralised, accessible records for each student with Asthma
- displaying Asthma First Aid posters
- encouraging students with Asthma to have their medications readily available
- minimising potential Asthma triggers at school

For more information regarding Asthma contact Asthma Foundation New South Wales
www.asthmansw.org.au
Student Welfare News

Student Leadership
SRC and Prefects, Co-Captains elections and interviews have recently been held – many thanks to the teacher coordinators Ruth Miller, Jayne Delmas and Sylvie Yasmin for their efforts to run these. A special thank you to Ms Miller in her SRC coordinator role; she will be ably succeeded by Ms Papadopalas.

Study Skills
Over the year the Year Adviser team has been developing and delivering study skills programs to their Year groups. Year 9 had a study skills workshop about learning styles and brain intelligences at their Collaroy Camp, Year 8 and Year 7 will complete introductory study skills workshops within their classes in Term 4, and Year 10 have completed revision and exam preparation skills in several DEAR sessions.

Student Health – HPV vaccinations
The final dose of the cervical cancer vaccine was delivered to Years 10, 11 and 12 students on September 3rd. If your daughter missed this important vaccine please visit your local doctor to get it.

Student Mentoring
On September 13th the first day of training for Year 8 student mentors will take place - the next newsletter will report on this. Mentoring is an important part of our program in developing leadership, resilience and helping skills. The trained students will assist next year’s Year 7 settle into high school. Encourage your Year 8 daughter to get her application in!

Parenting Programs at Ashfield Council - FREE Contact cathyg@ashfield.nsw.gov.au or 9716 1844 for information on the series including the Triple P teen seminar series (highly recommended) over 3 evenings - 12 Sept, 31 Oct & 14 Nov at Ashfield Council.

Other programs also about parenting toddlers & primary age children, for dads, for grandparents, and for Cantonese and Korean speaking parents - see below.

Cantonese and Korean Parenting Programs
Contact Centacare – 9519 6788 (Ivy – Cantonese speakers) and JSK Health Centre 9746 0505

15A’s NETBALL FINAL
On Wednesday 29 August the 15A Netball team that consisted of: Ariiena PONINI, Edin AKAI, Rosa FRAMHEIN, Tuaine CUMMINGS, Lilian FAAUI, Priscilla TAUMALOLO, Kiara MAZA, Alona PORIO, and Miriama ISAIA embarked on a journey to win the Under 15A’s NETBALL GRAND FINAL. They were playing against Penshurst Girls and we knew that it was going to be a tough game. Penshurst was a very strong netball team with most of the team playing competitive netball on weekends. We were on a mission and we knew that we needed to be extremely strong in our defence positions. We had absolutely no problems here because Edin, Rosa and Lilian would block any ball that came near them. All the girls in our team fought the whole way through and managed to successfully win 22 to 19. We proved our point!

I have been very proud to coach this team two years in a row and see them win both grand finals because not only are they winners but they have always displayed outstanding sportsmanship and leadership skills and have such a passion for playing netball. Well done girls!

Mrs Michos

Literacy Week – Year 7 Spelling Bee
To celebrate National Literacy Week (September 3rd to 5th) Year 7 will begin preparation for an end of term Spelling Bee. A list of 50 key words from their subjects will be given to them on Tuesday. Class competitions will be held in Week 10 with the class winners battling it out in Week 11. So Year 7 get spelling!!!!
Australian Communications and Media Authority

Important resource from the Australian Communications and Media Authority

www.acma.gov.au/mobilesforkids

Mobile phones - A child safety checklist

You can now access the internet on most mobile phones. This access brings a world of incredible opportunities in terms of communication, interaction and entertainment.

There are, however, certain potential risks to children posed via the internet. These risks include accessing adult content, such as pornography, and ‘stranger danger’ contact in chat services.

Mobile providers in Australia (Telstra, Optus, Vodafone, Hutchison and Virgin and other third part resellers including fone zone, Crazy Johns and Telechoice) have recognised these risks and have taken steps to help you protect your child from potentially harmful content accessible via their mobile phone.

There are also things you can do to reduce the potential for your child receiving an unexpectedly high bill in association with their mobile phone service such as blocking international calls and premium rate services.

The Australian Communications and Media Authority, in collaboration with the children's internet charity, Childnet International, has developed a checklist of important questions to ask your mobile provider when purchasing a mobile phone to help you protect your child and make sure they get the most out of using their mobile phone safely.

Download the complete guide at
www.acma.gov.au/mobilesforkids

Congratulations to the winners of the raffle prizes below. Thanks to everyone for their support.

1st Prize: Won by Kirsten Gridley
Voucher for Mancini’s Restaurant, Summer Hill

2nd prize: Fran & Gabi Craven
Voucher for Mancini’s Restaurant, Summer Hill

3rd prize: Eric Moulton
Pharmacy pack from Georges Pharmacy, Campsie

4th prize: Rick Burton
Pharmacy pack from Georges Pharmacy, Campsie

5th prize: Michael Clark
Kid’s stationery pack (photo frame & album, art set, calligraphy set, folder)

6th prize: Maria Frangeskou
Voucher for Plunge Café, Summer Hill

“Royal Hatie”-Year 9 People’s Choice

A packed Saturday at our 2007 Art Show.
YEAR 11 WORK PLACEMENT

As a course requirement for Retail, students must participate in a thirty five hour work placement.

Students were placed in local areas such as Bankstown and Roselands in stores such as Kmart, Target and Best and Less. Many activities that we were involved in included merchandising stock, marketing, stocktake, markdowns, clearance and price checks. Different levels of communication were also used in the work place. However, there were also downsides to work placement such as the long hours 9 - 5, not being paid and having to miss out on important school work.

The time spent at work placement was very tiring as well as interesting and we were able to gain an insight of a retail outlet and we would like to THANK Ms Houvardas for her time and effort in organising the work placements for all students.

*Misty Callen, Vincenzina Criniti and Hulya Halil*

MEDIEVAL DAY ~ YEAR 7

Our Year 7 historians joined forces and travelled on a journey back in time. Medieval Day has a great experience for all - insightful and entertaining. The girls' creative side was apparent with amazing costumes and props created specifically for the day. Year 7 worked hard on completing a medieval project that enhanced their understanding of the day's activities. Some of the activities included outdoor medieval games a medieval picnic and participation in a performance with dramatic recreations.

*Ms Mawassi*

YEAR 7’s VIEWS ABOUT THE DAY

I really liked Medieval Day, it was enjoyable and a fun day. I got to wear armour too, it was so heavy!

Nisha

Medieval Day was great, We really enjoyed the medieval picnic and the competitions.

Martina and Annie

Some of our Talented Year 12 Artists

Year 8 Mask People’s Choice “Suspended in Love”
Drama Day
On Friday August 24th elective drama students from Year 9 to 12 presented their original group projects to an excited audience of their peers.
Performances followed a range of styles including realism, comedy, mime and social satire. Greek myths, the human body, the dangers of smoking, human evolution and pirate adventures made up some of the topics presented in performance.
All drama students are to be congratulated for the quality of the pieces but also for the serious way they approached rehearsal and final performance.
The day ended with a workshop and drama games session. Ms Dowling is to be praised for her ability to turn a chair into a skateboard!!!
The best performances will be presented at Drama Night on Wednesday 5th of September.
Well done all drama students.

ART SHOW PEOPLE'S CHOICE WINNERS
YEAR 7 Karen Huang "Mosaic Still Life"
YEAR 8 Nicole Salouros
Mask "Suspended in Love"
YEAR 9 Tajia Barkat Ceramic "Royal Hatie"
YEAR 10 Sarah Anderson, Danielle Parkinson, Maja Popovic "Gluttony"
YEAR 11 Jasmine Zhao "Divided Persona"
YEAR 12 Sara Freitas "Those who do not imitate anything produce nothing"
BEST OVERALL
Nancy Shou "Proc Evolution"

SCHOOL TO WORK DAY
On Thursday 16 August students from Years 9, 10, 11 and 12 had the opportunity to attend a 'School to Work Day'. The purpose of this day was for students to become aware of the huge varieties of options for post school leavers and the criteria that various positions require.
Topics included:
- How to develop a resumé
- How to prepare for an interview
- TAFE/University Options - how to apply
- Agencies that provide support for work entry

Canterbury Girls demonstrated that they had many of the required work skills already, they presented themselves in full school uniform, engaged the guests in conversation and did very well in their mock interviews in the afternoon.
Some of the students' comments about the day were:
- The best thing today, in fact I liked everything. The speakers and agencies gave me a better understanding and the available opportunities I have that I didn't know about. I know now that I should try my best and always ask for help. The food was great!
- Today's best activity for me was the actual interview because now I would know what to do at an actual interview.
- The best thing about today was the knowledge I gained from the guest speakers and the encouragement and support they gave me. The interaction I had with the guest speakers was beneficial and that was the best thing about today.

PAPER CUT- In term 4 we are trialling new software which limits the amount of printing that can be done by students from computers.
Year 7-10 a limit of 25 sheet per term
Year 11-12 a limit of 40 sheets per term
After students reach the limit they will have to pay 10c per sheet. Student will get more details in class.
This is aimed at encouraging environmental responsibility and of course limiting wasteful printing.