Congratulations to:


The new Prefects for 2007 are: Mirna Ahmed, Muzna Al-Abed, Olympia Avramidis, Seemab Awan, Ninette Dahan, Eleni Danis, Alex Edwards, Sara Freitas, Vanessa Giampietro, Anna Jung, Jayne Kazzi, Amy Ko, Bronwyn Miller, Fane Poiltaha, Adi Tokalaulevu and April Tricase.

All prefects were elected by peers and staff. Co-captains were selected after an interview process by a panel comprising of staff and outgoing prefects. There will be an investiture on the 31st August. We wish our 2007 school leaders all the best for their big year.

- Shevera Gunasekera, Year 9, who last week won the Daily Telegraph Young Aussie Pride of Australia Medal 2006. A fantastic recognition of Shavera’s commitment to her community.

- Those eighteen students who participated in the 2006 UNSW English Competition. Results achieved included one High Distinction, two Distinctions, one Credit and fourteen Participation Certificates. This is an outstanding result from these eighteen students.


- Theodora Fokas who broke the Zone Shotput record.

- Sheriden Wen, Year 7, who was a volunteer at the City to Surf Competition.

- Year 11 PD/Health students who behaved in an exemplary manner on the recent trip to Perisher.

- Year 12 girls who have just finished Trial HSC exams and are now preparing for final revision for exams in October. Attendance and dedication throughout the exam period was impressive. A special well done to Year 12 Textiles and Design and Visual Art students who have now completed major works. Pictures of some of this great work are included.

- Helen Eade, Year 7, a member of the State School Junior Singers who recently performed at the Opera House. Well done!

- Year 8 Debating team who are District Winners and now move on to the regional stage of that competition.

- All students who performed on DRAMA day - some excellent performances from a large number of students.

- Best of luck to those performing on MUSIC Day and displaying work in the VISUAL ARTS exhibition.

STUDENT REPORTS
The state government expects that all schools will have standardised reports on progress for this semester. The staff members of Canterbury Girls have voted to follow the NSW Teachers Federation professional advice not to comply with the new Department of Education’s reporting requirements. We will however be continuing to review the consistency of our reports and will be trialling new software for Year 7 in semester 2.

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A MESSAGE FROM THE DEPUTY PRINCIPAL

We welcomed back our Year 12 (HSC) students after their 2 week Trial Examinations. Time-tabled classes are essential now as the first point for revision and consolidation. As I emphasised earlier in the week at a Year meeting this is a crucial time for them as they reflect on their marks and target areas where they can improve. The HSC Practical exams start this Term at school and we all wish those involved the very best. All Year 12 students received a note listing relevant events later this Term. Parents are invited to join us at their graduation on Thursday 28th September in the MPC. Their HSC starts first week of Term 4 - Thursday 19th October. This leaves the Vacation time as valuable final preparation for their exams. Girls do need to seek out Ms Bear for information regarding 2007; the dates and enrolment procedures can be quite confusing so I do urge all to seek out help.

Attendance and punctuality continue to be a high priority enabling students to achieve their very best. We have mailed to all Year 10 and 11 families letters highlighting expectations and significant events in Term 3 and 4. I do ask all families to work with us to support each girl attend regularly. Please contact me at school if you would like to discuss individual plans.

Year 10 has been engaged in subject selections for Year 11 2007. I thank the time-tablers especially, for all their time spent with students assisting them make the best choice.

Judy Playfair

TOURNAMENTS OF MINDS

This year Canterbury Girls High School has once again entered two teams in the Tournament of Minds Competition. The two teams are the Language Literature team and the Social Science team. Each team consists of seven people. The Language Literature team includes Chloe Smith, Nina Hill-Potter, Christina Schwartz, Gabrielle Craven, Natasha Burrows, Ashanthi Abeywardene and Shelley Smith. The Social Science team includes Orani Abeywardene, Stephanie Foliola, Geni Nguyen, Theodora Fokas, Danielle Barnett, Emma Kennedy and Susan Le. Each team is presented with two challenges that they have six weeks to solve.

Using problem solving skills, they have learnt in training sessions we hope to do well on the Presentation Day (26th August) but most importantly, to have fun.

Chloe Smith

CANTABRIANS Year 11-12 SCHOLARSHIP 2007-2008

Year 10 students have received information about this scholarship - forms are due back to Ms Holden by 4th September, 2006

Yr 11 PD/Health students on the way to Perisher

Some of Year 12 Textiles Major Practical work
Student Welfare
Anti-Bullying

Did you know only 25% of adults believe bullying is a problem in schools? Or that a child identified as showing a tendency to bully at age 8 will more than likely continue to bully into adulthood, if no intervention occurs? Research indicates bullying is at its most frequent in the later years of primary school and early years of secondary school (the “middle school years”). Girls in particular tend to engage in the more subtle but equally damaging types of bullying, known as relational or emotional bullying. Typical behaviours include: looks and stares (“the evils”), isolating, excluding, rumours and gossip.

Research also tells us it is the role of the bystander that can make the difference in dealing with bullying. Also, that the scars of bullying can last well into adulthood, and are as serious as the effects of abuse on an individual’s development.

In the last fortnight all Year 8 classes have completed an Anti-Bullying workshop delivered by the Head Teacher Welfare. The workshop builds on the anti-bullying session completed by all students in Year 7 as part of the mentoring program.

In the workshop students reviewed the definition of bullying and used scenarios to identify different types of bullying, teasing and harassing behaviours. The unfair use of power in bullying situations was explored.

Students were asked to generate a list of feeling experienced by the bully, the target and the bystanders at the time of the bullying incident. Then they were asked to consider what type of people the bully, the target and the victim would become as adults if bullying was never reported or if no one ever intervened.

Finally students completed confidential questionnaires about their awareness and experiences of bullying at school. Students were given to take home a copy of the current school policy on anti-bullying and guidelines to help them deal with bullying. A strong message of zero tolerance to bullying, and the need to report bullying to a trusted adult, was given.

Also covered were types of bullying common amongst girls, the fact that mobile phones and the internet can be used for bullying, and the importance of the role of the bystander in dealing with bullying.

The following is a media release from the University of South Australia which has recently conducted research into bullying amongst girls:

Girls’ peer relationships often tread a fine line between protective and aggressive or bullying behaviours when it comes to preserving friendships, a University of South Australia study shows.

Friendships and peer relations are very important to girls and many have the social intelligence to manipulate and use these friendships to their own advantage, sometimes using unfriendly and excluding behaviours, according to Dr Barbara Spears from UniSA’s School of Education.

Dr Spears has been undertaking research to explore girls’ understanding of their friendships and peer relationships, and the tension between the friendship and aggressive and bullying behaviours.

Almost 1000 middle school girls in Years 6 to 9 from five single sex and two co-educational schools in metropolitan Adelaide participated in the study.

“In both school settings girls have a very idealised view of friendship, with positive elements such as acceptance, caring, sharing, loyalty, trust, honesty and kindness. These positive aspects bond the relationship, and sharing secrets and disclosing personal details are the cement that holds the friendship together.

Girls also have a clear boundary about what friends don’t do – they don’t tell secrets, talk about someone behind their back, attack someone verbally, steal someone’s friend or take someone’s boyfriend,” Dr Spears said.

“When building friendships and consolidating them, girls often use behaviours that protect and preserve their friendship, like shutting others out who might be considered a threat to their friendship. But when a friendship falls over, information that was exclusively and intimately shared in the sanctity of the friendship often becomes the weapon that girls use against the former friend. They attack each other verbally, targeting their reputations and use the peer group to support their action. When the intent to harm the other girl comes into play, girls see it as bullying.

While bullying is repeated and ongoing across all ages, the older girls are more aware that power is an aspect of bullying and they know how to use it.

Girls understand very clearly that direct aggression is bullying but when it comes to indirect aggression, definitions and opinions are divided,” Dr Spears said.

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KEGWORTH MEETS CANTERBURY AS TOMORROW’S NETBALL STARS EMERGE

Kegworth Public School sent out a call for netball help and always keen to assist Canterbury girls were there to offer skills and advice. And so, four netball superstars helped out our primary neighbours in their time of need.

As a result, Rosa Framhein, Kiara Maza, Joanna Toalei and Sikini Falesiva of Year 8 have become netball coaches of Year 5 and 6 netball teams at Kegworth Public. Our girls assisted in selecting teams and organisng positions and with our help, Kegworth very happily entered three teams into the Gala Day competition. Kegworth students have enjoyed working with our girls immensely and have acquired many new skills to assist in their netball competition.

Rosa, Kiara, Joanna and Sikini have upheld the fine Canterbury sporting tradition in demonstrating outstanding physical aptitude and providing positive role models for primary school students in our local area. The girls are to be congratulated on their professional conduct in refereeing netball matches and on their overall contribution to Kegworth Public School’s sporting endeavours.

Mrs Serougi

Indoor Soccer State Championships Under 19 – Penrith

The Under 19 Indoor Soccer State Championships were held on Monday 24th July at Penrith Basketball Stadium. Canterbury Girls High was invited to enter their U19 team as a direct result of their outstanding performance in the Regional Championships the previous term.

Seven of our finest U19 players from Year 12 including Kristy, Laura, Samira, Sandra, Eliza, Siboney and Helen contested the State Championship as only students from Canterbury do. Their first game against the aggressive Blakehurst team proved a routine task for our girls who managed to narrowly defeat the opposition with what I can only describe as the best goal in the entire competition.

The ever impressive Samira managed to kick a ball from just in front of the opposition’s goal to Kristy who was standing close to the sideline at the other end of the court. Kristy managed to head the ball past the keeper and directly into the goal from this position, much to the surprise of the entire stadium and selectors who readily recorded the event, nodding in approval.

The second and third games were tough for our girls who, despite their most gallant efforts were defeated in both by a single goal. Unfortunately this meant that we were unable to qualify for the quarter finals. Despite this disappointment, the girls knew they had given it their best and left the stadium with a huge sense of achievement. It truly was another inspiring competition. Congratulations to the girls who made it to the Championships and to those girls who were selected to try out for the State team. A big thank you also goes to Mr Little who took time out of his busy schedule to transport us to the game and back.

Jayne Delmas – Soccer Coach
SHINE FOR KIDS
Did you know that roughly one in every twenty three children and young people under the age of sixteen have been affected by parental imprisonment and for indigenous people it is one in every five. Other children are also impacted directly by the imprisonment of close relatives, and even more are impacted indirectly by having a friend who has a parent in gaol.
Some of the services we provide are:
- supported visits (with transport if needed)
- family support
- educational assistance
- activity days
- therapeutic groupwork
- Currency Kids – school based groupwork program
- mentoring
- Video conferencing
Information packs containing brochures and referral forms are available. Contact Leanne Turley on 9714 3000 or by email lturley@shineforkids.com

SHINE for Kids
Support-Hope-Inspire-Nurture-Empower
Website: www.shineforkids.org.au
Address: The Cottage, Silverwater Correctional Complex, Holker Street, Silverwater NSW 2128
PO Box 67, Ermington NSW 1700

SCHOOL TO WORK
Canterbury Girls High School conducted a ‘School to Work Day’ on Thursday 10th August. Fifteen students attended the day looking at the skills required for the workforce. The students listened to motivational speakers, had mock interviews, spoke to employment agencies and completed their resumes. Students began to understand that finding a career path is a process and we need to be open to continue to learn and train.
Mrs O’Sullivan, Mrs Bear and Mrs Villa

UNSW ENGINEERING CHALLENGE
On 15th August, four very eager students in Year 10, Ha-Nhi Tran, Sabrina Khan, Lina Liang and Linh Nguyen participated in the ‘Great Engineering Challenge’ held at the UNSW. After a lot of asking, we finally arrived at the venue. After a short briefing, we were assigned to our first engineering challenge. We had to construct a rigging for a ship, also known as a sail, but unfortunately our finished product was not quite what we expected. The main objective of this challenge was to see which ship sailed the furthest, using a fan as the engine. Our little, puny ship was tiny compared to huge monstrous ships. Our mast was only twenty centimetres high, while all others were one metre high.
Our second challenge was to create a crumple zone which would be placed under a heavy wooden platform. The platform would shake or vibrate and which ever crumple zone remained standing was the winner. We were given the materials which consisted of two sponges, five straws, four balloons (with holes) a roll of sticky tape, six cotton balls, an aluminium tube, a strip of cardboard and twelve pieces of A4 paper.
We combined our material to form a crumple zone, which looked like an Eiffel tower. After being subjected to the earthquake, our structure was flattened, and now resembled the Leaning Tower of Pisa. Even though we did not win, we still had a lot of fun. All in all, it was an eventful and enjoyable day. Also, we would like to thank Ms Bear for organising and arranging this day.
Ha Nhi, Sabrina, Lina and Linh

Year 12 2006 are donating $1500 to Mahboba’s Promise-a non-profit organization dedicated to widows and orphans of Afghanistan. Mahboba’s Promise also creates employment opportunities for Afghan women. Well done Year 12!
CANTABRIANS GIRLS
Ex-STUDENTS ASSOCIATION
DIARY DATES
Sept meeting Saturday 9th September 2006
Annual Dinner Friday 20th October

MORE INFORMATION
President Merle Chalmers 96447689
Secretary Joyce Overton 97892045
Treasurer Elaine Senz 96306768

Year 12 Visual Arts Work

Canterbury Girls High
Visual Arts Exhibition 06

Opening
Friday 1st September 10 am - 6 pm
Saturday 2nd September 10 am - 12 noon
Monday 4th September 9 am - 12 noon
ALL WELCOME
P & C UPDATE

The P & C warmly welcomes our new Principal, Sue Holden, who brings a wealth of experience and ideas to the school. We are looking forward to working with Sue and the staff to enrich the teaching and learning of our daughters, and to enhance the physical environment of the school.

Some of the projects that P & C are involved with include:

- **Visual Arts Exhibition**, 2 September – as part of its fund-raising program, P & C will provide morning tea, coffee and refreshments, and an opportunity to win some great raffle prizes. Each year, the P & C purchases two artworks, completed by students in Year 12, and the 2005 pieces will be on display, along with other great works done by students at the school. We look forward to seeing you at the Art Show.

- **Band Committee** – parents are working with the Principal and the staff from the Music faculty to establish a school concert band. We are very excited about this initiative, which will further enhance the performing arts program at the school. We hope that many students will join the band to ensure its success. The P & C will form a Band Committee to support this initiative and interested parents are very welcome to join.

- **Finance Committee** – two parents are now included in this committee to work with the Principal, teachers and office representative to determine how best to spend the school’s funds. The most recent purchase has been clear, drop-down blinds in the canteen area to provide shelter from wind and rain.

- **Multi-media centre** – the P & C, in conjunction with the school, was successful in winning a grant of $144 000 from the Commonwealth Government to develop a multi-media centre. A parent member is represented on the school’s Technology Committee to provide state-of-the-art software and hardware to benefit students in all years across many subject areas.

- **Cantabrian Girls’ Ex-Students Association** – the P & C is liaising with the Cantabrians who generously offer a scholarship to a Year 10 student to help her complete Years 11 and 12. The scholarship assists with school fees, uniforms, excursions and books. Details about the scholarship are available in this newsletter.

The P & C provides a great opportunity for you to be more involved in your daughter’s education and to meet other parents. We welcome your ideas and experiences.

Please come along, we’d love to meet you. P & C meets at 7.30 pm, on the fourth Wednesday each month (two meetings per term), in the Principal’s office. Enter through the coloured doors on Church St and turn left towards the Principal’s office. For the remainder of 2006, meetings are scheduled for:

- Wednesday 23 August
- Wednesday 25 October
- Wednesday 22 November

If you would like further information, please call me on: 9716 8669 (ah) or 0408 491 950.

*Trish Anderson*